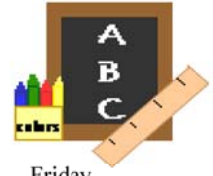


AUGUST

MEADOWBROOK LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
2 HAMBURGER ²⁶ GRILLED CHICKEN FILLET ²⁵ Lettuce and Tomato ² Pickles ⁰ Green Beans ⁵ Mashed Potatoes ¹⁴	3 BREAKFAST FOR LUNCH Eggs ¹ , Chicken ⁷ , or Sausage ⁴ Biscuits and Gravy ¹⁰ or Pancakes and Syrup ³² Tater Tots ²⁰ Applesauce ^{S-30 U-12}	4 GRILLED CHEESE ³⁴ OR PBJ SANDWICH ⁴¹ Tomato Soup ¹⁹ Carrot and Cucumber Stix ^{8 w/dip 2} Goldfish Crackers ²⁸	5 BAKED ZITI ³⁰ W/BREADSTICK ¹⁹ AND GARDEN SALAD ⁵ SHAVED DELI TURKEY AND CHEESE SUB ³⁶ Lettuce and Tomato ² California Vegetables ⁴	6 PEPPERONI PIZZA ³⁶ FISH FILLET ³⁷ W/TARTAR SAUCE ⁴ Lettuce and Tomato ² Green Peas ¹⁶ Sliced peaches ¹⁶
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
9 CHEESEBURGER ²⁶ CHICKEN FILLET ²⁵ Lettuce and Tomato ² Pickles ⁰ Green Beans ⁵ Mashed Potatoes ¹⁴	10 MAC N CHEESE W/GRILLED FRANKS ²⁹ Pinto Beans ²⁰ Steamed Cabbage ⁵ Stewed Tomatoes ⁵ Onions ³ and Cornbread ³¹	11 SPAGHETTI ²⁹ W/BREADSTICK ¹⁹ CHICKEN FILLET ²⁵ Lettuce and Tomato ² Pickles ⁰ Garden Salad ⁵ Steamed Carrots ⁶	12 BBQ SANDWICH ³¹ OR MINI CORN DOGS ³¹ Cole Slaw ¹⁰ Corn on the Cob ¹⁹ Tater Tots ²⁰	13 CHEESE PIZZA ³⁵ OR FRUIT AND YOGURT PLATE ⁵¹ W/GRAHAM CRACKERS ²² Broccoli Spears ⁴ Fresh Fruit Slices ²⁰
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
16 CHEESE QUESDILIA ³² OR CHALUPA ²⁷ Shredded Lettuce ¹ Diced Tomato ¹ Salsa ⁴ & Sour Cream ² Whole Kernal Corn ¹⁹ Waffle Fries ³⁰	17 HAM AND CHEESE SANDWICH ³⁶ OR PBJ ⁴¹ Carrot and Cucumber Stix ^{8 w/dip 2} Peach Cup ²⁹ Jello ¹⁸	18 CHICKEN NUGGETS ¹¹ SALISBURY STEAK ¹² Mashed Potato ¹⁴ Green Beans ⁵ Hot Yeast Roll ²⁰	19 STUFFED CRUST PIZZA ⁴⁵ CHICKEN RINGS ¹² W/ROLL ²⁰ Broccoli Spears ⁴ Seasoned Wedges ²⁴ Watermelon Slice ¹¹	
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
23 HAMBURGER ²⁶ GRILLED CHICKEN FILLET ²⁵ Lettuce and Tomato ² Pickles ⁰ Green Beans ⁵ Mashed Potatoes ¹⁴	24 BREAKFAST FOR LUNCH Eggs ¹ , Chicken ⁷ , or Sausage ⁴ Biscuits and Gravy ¹⁰ or Pancakes and Syrup ³² Tater Tots ²⁰ Applesauce ^{S-30 U-12}	25 BAKED ZITI ³⁰ W/BREADSTICK ¹⁹ AND GARDEN SALAD ⁵ SHAVED DELI TURKEY AND CHEESE SUB ³⁶ Lettuce and Tomato ²	26 GRILLED CHEESE ³⁴ OR PBJ SANDWICH ⁴¹ Tomato Soup ¹⁹ Carrot and Cucumber Stix ^{8 w/dip 2} Scrabble Cheez Its ²⁸	27 PEPPERONI PIZZA ³⁶ FISH FILLET ³⁷ W/TARTAR SAUCE ² Lettuce and Tomato ² Green Peas ¹⁶ Fresh Banana ²⁷ NATIONAL BANANA DAY
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
30 CHEESE QUESDILIA ³² OR CHALUPA ²⁷ Shredded Lettuce ¹ Diced Tomato ¹ Salsa ⁴ & Sour Cream ² Whole Kernal Corn ¹⁹ Crinkle Fries ²⁶	31 BAG LUNCH HAM AND CHEESE ³⁶ OR TURKEY AND CHEESE SUB ³⁶ Lettuce and Tomato ² Carrot Sticks ^{8 w/ dip 2} Peach Cup ²⁹ EAT OUTSIDE DAY	<div style="border: 2px solid black; padding: 10px; background-color: #FFA500;"> <p style="text-align: center; margin: 0;">AUGUST IS PEACH MONTH!!</p> <p style="text-align: center; margin: 0;">Peaches were once known as “Persian Apples”</p> <p style="text-align: center; margin: 0;">Nectarines are just peaches without the fuzz!</p> <p style="text-align: center; margin: 0;">“You're a real peach” originated from the tradition of giving a peach to a friend.</p> </div>		
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”