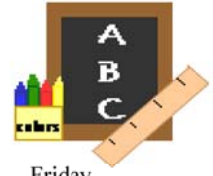


# AUGUST 2011

## MIDDLE AND HIGH



| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <b>1</b>  | <b>2</b>  | <b>3</b>   | <b>4</b>   | <b>5</b>   |
| <b>8</b>  | <b>9</b>  | <b>10</b>  | <b>11</b>  | <b>12</b>  |
| <b>15</b>   | <b>16</b>   | <b>17</b>  | <b>18</b><br>STUFFED CRUST PIZZA<br>Broccoli Spears<br>Straight Cut Fries<br>Watermelon Slice                                | <b>19</b><br>CORN DOG<br>Baked Beans<br>Tater Tots<br>Strawberries   |
| <b>DAILY CHOICE OF:</b><br><br>27% LESS SUGAR CHOCOLATE, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE   |   |  |  |  |
| <b>22</b><br>ROASTED CHICKEN W/ROLL<br>Green Beans<br>Mashed Potatoes w/gravy<br>Pear Halves  | <b>23</b><br>BREAKFAST FOR LUNCH<br>Eggs w/Chicken or Sausage<br>Biscuits and Gravy or Pancakes w/Syrup<br>Tater Tots<br>Applesauce | <b>24</b><br>BAKED ZITI W/BREADSTICK AND GARDEN SALAD<br>California Vegetables<br>Peach Cobbler                    | <b>25</b><br>HAM AND CHEESE SANDWICH<br>Tomato Soup w/crackers<br>Fresh Carrot Sticks<br>Ranch Dip<br>Apple                  | <b>26</b><br>FISH FILLET W/TARTAR SAUCE<br>Cole Slaw<br>Green Peas<br>Fresh Banana<br><b>NATIONAL BANANA DAY</b> |
| <b>29</b><br>TACO'S<br>Shredded Lettuce<br>Diced Tomato<br>Cheese<br>Salsa and Sour Cream<br>Whole Kernal Corn<br>Mexican Rice<br>Diced Pears | <b>30</b><br>SPAGHETTI W/GARDEN SALAD AND ROLL<br>Steamed Carrots<br>Fruit Cocktail   | <b>31</b><br>CLUB SUB<br>Lettuce and Tomato<br>Waffle Cut Fries<br>Raspberry Sherbet Cup<br><b>EAT OUTSIDE DAY</b> | <b>Sept1</b><br>MAC AND CHEESE W/LITTLE SMOKIES<br>Pinto Beans<br>Steamed Cabbage<br>Stewed Tomatoes<br>Onions and Cornbread | <b>Sept 2</b><br>FRENCH BREAD CHEESE PIZZA<br>Caesar Salad<br>Baked Potato<br>Peach Slices                       |

Subject to change.

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”