

DECEMBER

MEADOWBROOK LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CHICKEN FAJITA ¹⁷ BEEF TACOS ²⁵ Shredded Lettuce 1 Diced Tomato 2 Salsa 3, Sour Cream 2, Cheese 1 Whole Kernel Corn ¹⁵ Straight Cut Fries ¹⁶	2 SWEET AND SOUR CHICKEN ²⁶ w/BROCCOLI NORMANDY 4 and BREADSTICK ¹⁹ OR RIB-B-Q ON BUN ⁴⁴ Baked Beans ³³ Diced Apricots ¹⁹	3 CHICKEN FILLET SANDWICH ⁴⁵ W/PICKLES 0 OR PEPPERONI PIZZA ³⁹ Lettuce and Tomato 1 Garden Salad 2 Corn On the Cob ¹⁸ Pear Halves ²³
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT				
6 RAVIOLI ³⁰ W/GARDEN SALAD 2 AND BREADSTICK ¹⁹ OR CHEESEBURGER ³² Lettuce and Tomato 1 Straight Cut Fries ¹⁶ Fresh NC Apple ¹⁹	7 BREAKFAST FOR LUNCH Sausage ⁰ or Chicken ¹³ w/eggs 0 Biscuit ²⁸ and Gravy ⁹ or Pancakes ²⁶ w/syrup ²⁰ Applesauce unswt ¹⁵ Tater Tots ¹⁸	8 VEGETABLE BEEF SOUP ¹⁵ GRILLED CHEESE ³⁴ OR PBJ SANDWICH ⁴⁸ Cucumber and Carrot Rounds 8 w/dip 2 Crackers ¹⁴ Sliced Peaches ¹²	9 TURKEY ⁰ AND DRESSING ¹⁸ W/GRAVY ³⁷ OR BAKED HAM ⁰ Mashed Potatoes ¹⁵ Green Beans ³ Hot Yeast Roll ²⁰ Ice Cream Cup Cranberry Sauce ²⁶	10 CHEESE PIZZA ³⁴ OR HOT DOG ³¹ Baked Potato ³³ Broccoli Spears ⁴ w/cheese sauce ³ Pickle Chips ⁰
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
13 BAKED ZITI ²⁹ W/GARDEN SALAD 2 AND BREADSTICK ¹⁹ OR MINI CORNDOGS ²⁷ Broccoli Spears ⁴ Strawberry Cup ⁷	14 SALISBURY STEAK ⁵ OR HAM ⁰ Mashed Potatoes ¹⁵ Green Beans ³ Honey Wheat Roll ²⁰	15 HAMBURGER ³² OR CHICKEN NUGGETS ⁷ W/YEAST ROLL ¹⁹ Lettuce and Tomato 1 Crinkle Cut Potatoes ¹⁶ Corn on the Cob ¹⁸	16 STUFFED CRUST PIZZA ⁵¹ OR CHEESE PIZZA ³⁴ Garden Salad 2 Tater Tots ¹⁸ Pear Halves ²³	17 WORK DAY
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
20	21 “ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.	22 ANNUAL LEAVE 	23 CHRISTMAS HOLIDAY 	24 CHRISTMAS HOLIDAY 
27 ANNUAL LEAVE	28 ANNUAL LEAVE	29 ANNUAL LEAVE	30 ANNUAL LEAVE	31 NEW YEAR'S EVE

