

DECEMBER

MEADOWBROOK LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CHICKEN FAJITA BEEF TACOS Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Straight Cut Fries	2 SWEET AND SOUR CHICKEN w/BROCCOLI NORMANDY and BREADSTICK OR RIB-B-Q ON BUN Baked Beans Diced Apricots	3 CHICKEN FILLET SANDWICH W/PICKLES OR PEPPERONI PIZZA Lettuce and Tomato Garden Salad Corn On the Cob Pear Halves
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT				
6 RAVIOLI W/GARDEN SALAD AND BREADSTICK OR CHEESEBURGER Lettuce and Tomato Straight Cut Fries Fresh NC Apple	7 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots	8 VEGETABLE BEEF SOUP GRILLED CHEESE OR PBJ SANDWICH Cucumber and Carrot Rounds w/dip Crackers Sliced Peaches	9 TURKEY AND DRESSING W/GRAVY OR BAKED HAM Mashed Potatoes Green Beans Hot Yeast Roll Ice Cream Cup Cranberry Sauce	10 CHEESE PIZZA OR HOT DOG Baked Potato Broccoli Spears w/cheese sauce Pickle Chips
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
13 BAKED ZITI W/GARDEN SALAD AND BREADSTICKOR MINI CORNDOGS Broccoli Spears Strawberry Cup	14 SALISBURY STEAK OR HAM Mashed Potatoes Green Beans Honey Wheat Roll	15 HAMBURGER OR CHICKEN NUGGETS W/YEAST ROLL Lettuce and Tomato Crinkle Cut Potatoes Corn on the Cob	16 STUFFED CRUST PIZZA OR CHEESE PIZZA Garden Salad Tater Tots Pear Halves	17 WORK DAY
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
20	21 “ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.	22 ANNULA LEAVE 	23 CHRISTMAS HOLIDAY 	24 CHRISTMAS HOLIDAY 
27 ANNUAL LEAVE	28 ANNUAL LEAVE	29 ANNUAL LEAVE	30 ANNUAL LEAVE	31 NEW YEAR'S EVE

