



December



MIDDLE AND HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
	1 MAC N CHEESE W/ LITTLE SMOKIES Pinto beans Cabbage Stewed Tomatoes Onions, Cornbread Pineapple Chunks Frozen Fruit Cup	2 CRUNCHY OR SOFT TACO Lettuce, Tomato, Salsa, Sour Cream, Cheese, Black Beans and Rice Whole Kernel Corn NC Apple Mardarian Oranges	3 MEATLOAF Mashed Potatoes Green Beans Hot Yeast Roll Spiced Apples Banana	4 FRUIT AND YOGURT PLATE Tossed Salad Broccoli Cheese Soup Mixed Fruit Red Gra
7 SEAFOOD BASKET W/ HUSHPUPIES Cole Slaw Whole Kernel Corn Grapes Peach Slices	8 BAKED ZITI Tossed Salad California Veggies Bread stick NC Fresh Apple Fruit Cocktail	9 SWEET&SOUR CHICKEN W/ RICE AND BROCCOLI Fortune Cookie Pineapple Chunks Kiwi	10 PORK ROAST W/ GRAVY Mashed Potatoes Green Beans Seedless Grapes Pear Cup	11 CHEESE QUESADILLA Tomato Soup Pinto Beans Frozen Fruit Cup Banana
14 CHICKEN ALFREDO W/ NC BROCCOLI AND BREAD STICK Cucumbers and Carrots w/ dip Peach Slices Orange	15 CRUNCHY OR SOFT TACO Lettuce, Tomato, Salsa, Sour Cream, Cheese, Black Beans and Rice Whole Kernel Corn Mardarian Oranges Kiwi Slices	16 GRILLED CHEESE Vegetable Beef Soup Garden Salad Carrots Bread Stix Orange Pear Cup	17 TURKEY AND DRESSING W/ HOT YEAST ROLL Green Beans or Broccoli Casserole Sweet Potato Casserole or Mashed Potatoes w/ Gravy, Cranberry Sauce Gingerbread Kid	18 BEEF OR BEAN CHALUPA Lettuce, Tomato, Sour Cream, and Salsa Baked Potato Carrot Stix w/dip Banana Applesauce
21 TURKEY POT PIE Mixed Veggies Broccoli Spears Biscuit NC Apple Mixed Fruit	22 STUFFED CRUST PIZZA Crinkle Cut Fries Broccoli Spears w/ Cheese Sauce Frozen fruit Cup Fresh Grapes	23 	24 Winter Break Dec. 23 rd to Jan. 3 rd	25 
28	29	30	31	

**Menu subject to change without notice.
CHOICE OF MILK/FRESH FRUIT/JUICE/FRUIT CUP
“This is an equal opportunity provider.”**