FEBRUARY meadowbrook breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
4U	1 CINNAMON TASTRY OR BREAKFAST BAR	2 SAUSAGE ON A STICKW/SYRUP OR BREAKFAST BAR	3 SCRAMBLED EGGS AND TOAST OR BREAKFAST ABR	4 BISCUIT AND GRAVY OR BREAKFAST BAR
		GAR CHOC, 1% UNFLAV		
7 SAUSAGE BISCUIT OR BREAKFAST BAR	8 PILLSBURY MINI PANCAKES OR BREAKFAST BAR	9 BISCUIT AND APPLESAUCE OR BREKFAST BAR	10 CINNAMON TOAST OR BREAKFAST BAR	11 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT	FREE 27% LESS SUGAR	CHOC, 1%UNFLAVOREI	O OR SKIM MILK/FRESH	FRUIT,CEREAL
14 CINNAMON TOAST OR BREAKFAST BAR	15 CHICKEN BISCUIT OR BREAKFAST BAR	16 FRENCH TOAST STICKS W/SYRUP OR BREAKFAST BAR	17 RICE KRISPIE CEREAL BAR OR BREAKFAST BAR	18 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT	FREE 27% LESS SUGA	R CHOC, 1% UNFLAVORE	D OR SKIM MILK/FRESH	I FRUIT,CEREAL
21 SAUSAGE BISCUIT OR BREAKFAST BAR	22 WAFFLES W/SYRUP OR BREAKFAST BAR	23 CINNAMON TASTRY OR BREAKFAST BAR	24 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR	25 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT	FREE 27% LESS SUGAR	CHOC, 1%UNFLAVOREI	O OR SKIM MILK/FRESH	FRUIT,CEREAL
28 CHICKEN BISCUIT OR BREAKFAST BAR	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER." Subject to change.	Huge 40 From MEP	4U	40 40 From ME!