

FEBRUARY

MIDDLE AND HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHICKEN OR TURKEY POT PIE W/PEAS-N-CARROTS ³¹ SOUTHERN BISCUIT ²⁸ Spiced Apples ¹⁸	2 SPAGHETTI ²⁹ W/GARLIC BREAD STICK ¹⁹ Fresh Garden Salad ² Diced Apricots ¹⁹	3 SWEET AND SOUR CHICKEN ²⁶ w/ RICE ³⁵ EGG ROLL ¹⁹ Broccoli Spears ⁴ Pineapple Tidbits ¹⁹ Fortune Cookies ⁸	4 DELI TURKEY AND PEPPER JACK CHEESE SUB ³⁶ Lettuce and Tomato ¹ Tater Tots ¹⁸ Steamed Carrots ⁸ Pear Halves ²³
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
7 CHEF BOYARDEE BAKED RAVIOLI ³⁰ W/GARDEN SALAD ² AND BREADSTICK ¹⁹ Fruit Cocktail ²⁰	8 BREAKFAST FOR LUNCH Sausage ⁰ , Chicken ¹³ or Steak ⁸ w/eggs ⁰ Biscuit ²⁸ and Gravy ⁹ or Pancakes ²⁶ w/syrup ²⁰ Hashbrowns ³² Applesauce ^{unswt} ¹⁵	9 VEGETABLE BEEF SOUP ¹⁵ SPICY GRILLED CHEESE SANDWICH ⁴⁶ Cucumber and Carrot Rounds ⁸ w/dip ² Crackers ¹⁸ Apricot Halves ²⁰	10 TACOS ²⁵ Shredded Lettuce ¹ Diced Tomato ¹ Salsa ³ , Sour Cream ² , Cheese ¹ Whole Kernel Corn ¹⁵ Straight Cut Fries ²⁵	11 FISH SANDWICH ⁴⁵ W/TARTAR SAUCE ² Baked Potato ³³ Broccoli Spears ⁴ Apple Crisp ⁵¹
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
14 STUFFED CRUST PIZZA ⁵¹ Green Peas ¹¹ Spicy Straight Cut Fries ²² Fresh Apple ¹⁹ VALENTINE SUGAR COOKIE WITH SPRINKLES_	15 CHICKEN TENDERS ²⁵ W/YEAST ROLL ²⁰ Crinkle Cut Potatoes ²⁶ Seasoned Green Beans ³ Peach Cobbler ⁴⁸	16 MAC AND CHEESE ²² LITTLE SMOKIES ² Pinto Beans ¹⁸ Steamed Cabbage ⁵ Stewed Tomatoes ² Sliced Onions ² Cornbread ²⁵	17 NATHAN'S HOT DOG SLIDERS ³⁴ W/CHILI-N-CHEESE ⁸ Baked Beans ³³ Corn on Cob ¹⁸ Cole Slaw ⁸	18 CHEESE FILLED SOFT BREAD STICKS ⁵⁶ Caesar Salad ⁶ Cream of Broccoli Soup ²¹ Diced Apricots ¹⁹
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SPICY CHICKEN CHUNKS ¹⁵ W/YEAST ROLL ²⁰ Broccoli w/ Cheese Sauce ⁷ Waffle Fries ²¹ Strawberry Shortcake_	PORK ROAST ⁰ AND GRAVY ³⁷ Mashed Potatoes ¹⁵ Green Beans ³ Hot Yeast Roll ²⁰ Cherry Cobbler ⁴⁵	CHEESE LASAGNA ³² W/GARLIC BREAD STICK ¹⁹ Caesar Salad ⁶ with School Made Croutons ⁷ Pear Halves ²³	BAKED HAM ⁰ Sweet Potato Souffle ⁴³ Broccoli Casserole ¹¹ Honey Wheat Roll ²⁰ Spiced Apples ¹⁸	SEAFOOD BASKET ²⁸ W/HUSHPUPIES ¹⁸ Baked Beans ³³ Corn on the Cob ¹⁸ Cole Slaw ⁸
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28 BAKED ZITI ²⁹ W/GARDEN SALAD ² AND BREADSTICK ¹⁹ Normandy Blend ⁴ Peach Cobbler ⁴⁸	“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.			
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