

FEBRUARY

MIDDLE AND HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHICKEN OR TURKEY POT PIE W/PEAS-N-CARROTS SOUTHERN BISCUIT Spiced Apples	2 SPAGHETTI W/GARLIC BREAD STICK Fresh Garden Salad Diced Apricots	3 SWEET AND SOUR CHICKEN w/ RICE EGG ROLL Broccoli Spears Pineapple Tidbits Fortune Cookie	4 DELI TURKEY AND PEPPER JACK CHEESE SUB Lettuce and Tomato Tater Tots Steamed Carrots Pear Halves
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
7 CHEF BOYARDEE BAKED RAVIOLI W/GARDEN SALAD AND BREADSTICK Fruit Cocktail	8 BREAKFAST FOR LUNCH Sausage, Chicken or Steak w/eggs Biscuit and Gravy or Pancakes w/syrup Hashbrowns Applesauce	9 VEGETABLE BEEF SOUP SPICY GRILLED CHEESE SANDWICH Cucumber and Carrot Rounds w/dip Crackers Apricot Halves	10 TACOS Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Straight Cut Fries	11 FISH SANDWICH W/TARTAR SAUCE Baked Potato Broccoli Spears Apple Crisp
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
14 STUFFED CRUST PIZZA Green Peas Spicy Straight Cut Fries Fresh Apple VALENTINE SUGAR COOKIE WITH SPRINKLES	15 CHICKEN TENDERS W/YEAST ROLL Crinkle Cut Potatoes Seasoned Green Beans Peach Cobbler	16 MAC AND CHEESE LITTLE SMOKIES Pinto Beans Steamed Cabbage Stewed Tomatoes Sliced Onions Cornbread	17 NATHAN'S HOT DOG SLIDERS W/CHILI-N-CHEESE Baked Beans Corn on Cob Cole Slaw	18 CHEESE FILLED SOFT BREAD STICKS Caesar Salad Cream of Broccoli Soup Diced Apricots
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
21 SPICY CHICKEN CHUNKS W/YEAST ROLL Broccoli w/ Cheese Sauce Waffle Fries Strawberry Shortcake	22 PORK ROAST AND GRAVY Mashed Potatoes Green Beans Hot Yeast Roll Cherry Cobbler	23 CHEESE LASAGNA W/GARLIC BREAD STICK Caesar Salad with School Made Croutons Pear Halves	24 BAKED HAM Sweet Potato Souffle Broccoli Casserole Honey Wheat Roll Spiced Apples	25 SEAFOOD BASKET W/HUSHPUPPIES Baked Beans Corn on the Cob Cole Slaw
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
28 BAKED ZITI W/GARDEN SALAD AND BREADSTICK Normandy Blend Peach Cobbler	“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.			
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

