



JANUARY

ELEMENTARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
3 STUFFED CRUST PIZZA ⁵¹ OR CHEESE PIZZA ³⁴ Green Peas ¹¹ Straight Cut Fries ¹⁶ Sliced Peaches ¹²	4 SANTE FE CHICKEN PASTA ²⁰ OR CORN DOG ²⁷ Mashed Potatoes ¹⁵ Whole Kernel Corn ¹⁵ Pineapple ¹⁹	5 SPAGHETTI ²⁹ W/ GARDEN SALAD ² ANDBREADSTICK ¹⁹ OR HAMBURGER ³² Lettuce and Tomato ¹ Green Beans ³ Pear Halves ²³	6 SWEET AND SOUR CHICKEN ²⁶ w/BROCCOLI NORMANDY ⁴ and BREADSTICK ¹⁹ OR RIB-B-Q ON BUN ⁴⁴ Baked Beans ³³ Diced Apricots ¹⁹	7 DELI TURKEY AND CHEESE ³⁶ or HAM AND CHEESE SUB ³⁷ Lettuce and Tomato ¹ Tater Tots ¹⁸ Steamed Carrots ⁸
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
10 RAVIOLI ³⁰ W/GARDEN SALAD ² AND BREADSTICK ¹⁹ OR CHEESEBURGER ³² Lettuce and Tomato ¹ Straight Cut Fries ¹⁶ Fresh NC Apple ¹⁹	11 BREAKFAST FOR LUNCH Sausage ⁰ or Chicken ¹³ w/eggs ⁰ Biscuit ²⁸ and Gravy ⁹ or Pancakes ²⁶ w/syrup ²⁰ Applesauce ^{unswt 15} Tater Tots ¹⁸	12 VEGETABLE BEEF SOUP ¹⁵ GRILLED CHEESE ³⁴ OR PBJ SANDWICH ⁴⁰ Cucumber and Carrot Rounds ⁸ w/dip ² Scrabble Peaches-its ¹⁴ Sliced Peaches ¹²	13 SLOPPY JO ON A BUN ³⁷ OR FISH TREASURES ¹⁶ W/HUSHPUPPIES ¹⁸ Baked Potato ³³ Corn on Cob ¹⁸ Cole Slaw ⁸	14 CHEESE PIZZA ³⁴ OR FRUIT AND YOGURT PLATE ⁷⁴ Tossed Salad ² Waffle Cut Fries ¹⁴ Diced Apricots ¹⁹
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
17 WORK DAY 	18 WORK DAY 	19 MAC AND CHEESE ²² W/GRILLEDFRANKS ¹ OR HAM ⁰ Pinto Beans ¹⁸ Steamed Cabbage ⁵ Stewed Tomatoes ² Onions ² and Cornbread ²⁵	20 CHICKEN or BEEF TACOS ²⁵ Shredded Lettuce ¹ Diced Tomato ² Salsa ³ , Sour Cream ² , Cheese ¹ Whole Kernel Corn ¹⁵ Straight Cut Fries ²⁵	21 CHICKEN FILLET SANDWICH ⁴⁵ W/PICKLES ⁰ OR STUFFED CRUST PIZZA ⁵¹ Lettuce and Tomato ¹ Garden Salad ² Steamed Carrots ⁸
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
24 CHICKEN NUGGETS ⁷ W/ROLL ¹⁹ OR HAMBURGER ³² Lettuce and Tomato ¹ Waffle Fries ¹⁴ Broccoli Spears ⁴	25 SALISBURY STEAK ⁵ OR PORK ROAST ⁰ Mashed Potatoes ¹⁵ Green Beans ³ Honey Wheat Roll ²⁰ Strawberry Slush Cup	26 SPAGHETTI ²⁹ W/ GARDEN SALAD ² AND BREADSTICK ¹⁹ OR CHEESEBURGER ³² Lettuce and Tomato ¹ Green Peas ¹¹ Pear Halves ²³	27 GRILLED HAM AND CHEESE ³⁴ OR PBJ SANDWICH ⁴⁰ Tomato Soup ¹⁶ Carrot and Cucumber Rounds ⁸ w/dip ² Crackers ¹⁸ Fresh Apple ¹⁹	28 PEPPERONI PIZZA ³⁹ OR FISH SANDWICH ⁴⁵ W/TARTAR SAUCE ² Corn ¹⁵ Tater Tots ¹⁸ Diced Apricots ¹⁹
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
31 BAKED ZITI ²⁹ W/GARDEN SALAD ² AND BREADSTICK ¹⁹ OR MINI CORNDOGS ²⁷ Broccoli Normandy ⁴ Sliced Peaches ¹²	<p style="text-align: center;">“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</p> <p style="text-align: center;">Subject to change.</p>			
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				