



JANUARY

MEADOWBROOK LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>MANAGER'S CHOICE</p>	<p>STUFFED CRUST PIZZA⁵¹ OR CHEESE PIZZA³⁴ Green Peas ¹¹ Straight Cut Fries ¹⁶ Sliced Peaches ¹²</p>	<p>SPAGHETTI ²⁹ W/ GARDEN SALAD ² ANDBREADSTICK ¹⁹ OR HAMBURGER ³² Lettuce and Tomato ¹ Green Beans ³ Pear Halves ²³</p>	<p>SWEET AND SOUR CHICKEN ²⁶ w/BROCCOLI NORMANDY⁴ and BREADSTICK¹⁹ OR RIB-B-Q ON BUN⁴⁴ Baked Beans ³³ Diced Apricots ¹⁹</p>	<p>DELI TURKEY AND CHEESE³⁶ or HAM AND CHEESE SUB³⁷ Lettuce and Tomato¹ Tater Tots ¹⁸ Steamed Carrots ⁸</p>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
10	11	12	13	14
<p>RAVIOLI ³⁰ W/GARDEN SALAD ² AND BREADSTICK ¹⁹ OR CHEESEBURGER ³² Lettuce and Tomato ¹ Straight Cut Fries ¹⁶ Fresh NC Apple ¹⁹</p>	<p>BREAKFAST FOR LUNCH Sausage ⁰ or Chicken¹³ w/eggs ⁰ Biscuit²⁸ and Gravy⁹ or Pancakes²⁶ w/syrup ²⁰ Applesauce ^{unswt 15} Tater Tots ¹⁸</p>	<p>VEGETABLE BEEF SOUP ¹⁵ GRILLED CHEESE ³⁴ OR PBJ SANDWICH⁴⁰ Cucumber and Carrot Rounds ⁸ w/dip ² Scrabble Peach-its ¹⁴ Sliced Peaches ¹²</p>	<p>SLOPPY JO ON A BUN ³⁷ OR FISH TREASURES ¹⁶ W/HUSHPUPPIES ¹⁸ Baked Potato ³³ Corn on Cob¹⁸ Cole Slaw ⁸</p>	<p>CHEESE PIZZA ³⁴ OR FRUIT AND YOGURT PLATE ⁷⁴ Tossed Salad ² Waffle Cut Fries ¹⁴ Diced Apricots ¹⁹</p>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
17	18	19	20	21
	<p>CHICKEN NUGGETS⁷ W/ROLL ¹⁹ OR HAMBURGER ³² Lettuce and Tomato ¹ Crinkle Cut Potatoes ¹⁴ Broccoli Spears ⁴ Peach Slush Cup³⁰</p>	<p>MAC AND CHEESE ²² W/GRILLEDFRANKS¹ OR HAM ⁰ Pinto Beans ¹⁸ Steamed Cabbages⁵ Stewed Tomatoes ² Onions² and Cornbread ²⁵</p>	<p>CHICKEN or BEEF TACOS ²⁵ Shredded Lettuce ¹ Diced Tomato ² Salsa ³, Sour Cream ², Cheese ¹ Whole Kernel Corn ¹⁵ Straight Cut Fries²⁵</p>	<p>CHICKEN FILLET SANDWICH ⁴⁵ W/PICKLES⁰ OR STUFFED CRUST PIZZA ⁵¹ Lettuce and Tomato ¹ Garden Salad ² Steamed Carrots ⁸</p>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
24	25	26	27	28
<p>CHICKEN NUGGETS⁷ W/ROLL ¹⁹ OR HAMBURGER ³² Lettuce and Tomato ¹ Waffle Fries ¹⁴ Broccoli Spears ⁴</p>	<p>SALISBURY STEAK⁵ OR PORK ROAST ⁰ Mashed Potatoes ¹⁵ Green Beans ³ Honey Wheat Roll ²⁰ Strawberry Slush Cup³²</p>	<p>SPAGHETTI ²⁹ W/ GARDEN SALAD ² AND BREADSTICK ¹⁹ OR CHEESEBURGER³² Lettuce and Tomato ¹ Green Peas ¹¹ Pear Halves ²³</p>	<p>GRILLED HAM AND CHEESE³⁴ OR PBJ SANDWICH⁴⁰ Tomato Soup¹⁶ Carrot and Cucumber Rounds⁸ w/dip² Crackers ¹⁸ Fresh Apple ¹⁹</p>	<p>PEPPERONI PIZZA ³⁹ OR FISH SANDWICH ⁴⁵ W/TARTAR SAUCE ² Corn¹⁵ Tater Tots ¹⁸ Diced Apricots ¹⁹</p>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
31	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</p> <p>Subject to change.</p> </div> <div style="text-align: center;"> </div> <div style="text-align: center;"> </div> <div style="text-align: center;"> </div> </div>			
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				