

JANUARY MEADOWBROOK LUNCH



MANAGER'S CHOICE PEZZAS1 OR CHEESE PIZZAS1 Green Peasi 1 Streight Cut Fries In Sliced Peaches 12 W. GARDEN SALAD 2 OR HAMBURGER 32 Lettuce and Tomato 1 Green Peasi 1 Pear Halves 23 CHECKEN 20 WORMANDY 4an Baced Beans 33 Diced Apricols 19 CHEESE 907 HAM AND CHEESE SUB- RIB-B-D ON RUNA Baced Apricols 19 CHEESE 907 HAM AND CHEESE SUB- Steamed Carrols 8 10 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/TRESH FRUIT 11 12 13 Tater Tots 18 10 WGRADEN SALAD 2 AND BREADSTICK 10 OR Straight Cut Fries 16 BREAAFAST FOR LUNCH Susage 0 or Chickent 3 weggs 0 Discutts and Gravy or Pancakes20 w/syrup 20 Applesuac umber 10 Straight Cut Fries 18 12 13 14 CHEESE PIZZA 14 OR PBI SANDWICH or ON A BUN 37 OR PRUT AND WGRTABLED CHEESE 3- OR PBI SANDWICH or Choice OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/ UNCH TPLATE Susage 0 or Chickent 3 Weggs 0 Applesuac umber and Carrols 19 14 CHEESE PIZZA 14 OR WGRT PLATE 10 OR A BUN 37 OR DR Wiggs 0 Diced Apricols 19 14 17 WORK DAY 18 19 20 CHICKEN WGRL EDFRANKS1 OR HAM BURGER 22 WGRL EDFRANKS1 OR MAM BURGER 23 CHICKEN NUGGETS7 WROLL 0 CHICKEN MAULK/FRESH FRUIT/JUICE 20 CHICKEN FILLET 17 WORK DAY 18 19 CHICKEN FRUE FRUE WGRL EDFRANKS1 OR PBR 20 Strawber Stabsh Cup30 20 CHICKEN Diced Apricols 19 CHICKEN Diced Apricols 19 17 CHICKEN FRUE FRUE 27% LESS	Monday	Tuesday	Wednesday	Thursday	Friday
10 11 BEEAKFAST FOR UNCH Sausage 0 or Chicken13 12 VEGETABLE BEEF SOUP 15 13 14 CHEESE PIZZA 34 AND BREADSTICK 19 OR Sausage 0 or Chicken13 w/eggs 0 GRILLED CHEESE 34 OR PBJ SANDWICH40 OR PHJ SANDWICH40 OR FRUIT AND OR W/eggs 0 Biscuit2s and Gravy or Pancakes26 w/symp 20 Cacumber and Carrot Rounds 8 w/dip 2 Carrot Rounds 8 w/dip 2 Strable Cheez-its 14 Strable Cheez-its 14 Baked Potato 33 Coro on Cobis CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 19 CHICKEN NUGGETS? W/ROLL 19 CHICKEN NUGGETS? W/ROLL 10 CHICKEN NUGGETS? W/ROLL MAC AND CHEESE 22 W/GRILLEDFRANKS! OR HAMBURGER 32 Lettuce and Tomato 1 10 CHICKEN FILLET Staraight Cut Fries 16 Storded Lettuce 1 Diced Tomato 2 CHICKEN FILLET SALDSUB 2 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 20 21 CHICKEN NUGGETS? W/ROLL 19 CHICKEN FILLET Broccoli Spears 4 Space 20 Space	MANAGER'S CHOICE	STUFFED CRUST PIZZA51 OR CHEESE PIZZA34 Green Peas 11 Straight Cut Fries 16 Sliced Peaches 12	SPAGHETTI 29 W/ GARDEN SALAD 2 ANDBREADSTICK 19 OR HAMBURGER 32 Lettuce and Tomato 1 Green Beans 3 Pear Halves 23	SWEET AND SOUR CHICKEN 26 w/BROCCOLI NORMANDY4 and BREADSTICK19 OR RIB-B-Q ON BUN44 Baked Beans 33 Diced Apricots 19	DELI TURKEY AND CHEESE36 or HAM AND CHEESE SUB37 Lettuce and Tomato1 Tater Tots 18 Steamed Carrots 8
RAVIOL150 W/GARDEN SALAD 2 AND BREADSTICK 19 OR BREAKFAST FOR LUNCH VEGETABLE BEEF SOUP 15 SLOA BUN 37 OR CHEESE PLZZA 34 OR AND BREADSTICK 19 OR Susage 0 or Chicken13 Weggs 0 GRILLED CHEESE 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 OR CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 w/symp 20 Applesauce unsw1 15 Tater Tots 18 CHEESE PLZZA 34 OR PBJ SANDWICH 0 Parcakes26 Salad 2 Stable Check-115 Waffle Cut Fries 14 Diced Totatos 31 OR HAMBURGER 32 Lettuce and Tomato 1 Broccoli Spears 4 Peach Slush Cup30 CHEESE PLZZA 34 OR HAM 0 PIND Beans 18 Steeded Chettuce 1 Diced Totatos 2 Steeded Tomato 2 Stals 3, Sour Cream 2, Cheese 1 Wohe Kernel Corn 15 Grated Carbotas 51 Grate Cut Plattos 51 Grate Bass 3 Stall SBURY STEAKS OR PORK ROAST 0 GRILLED FAM SND GRIDEN SALAD 2 AND BREADSTICK 19 OR HAMBURGER 32 Lettuce and Tomato 1 Grate Bass 3 Starwberry Slush Cup32 Zf CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT GRILED HAM AND CHEESEB 20 GRILED HAM AND CHEESEB 20 GRILLED HAM AND CHEESEB 20 GRILED HAM AND CHEESEB 20 GRILED HAM AND	CHOICE OF	FAT FREE 27% LESS SU	GAR CHOC, 1%UNFLAV	ORED OR SKIM MILK/FF	RESH FRUIT
17 WORK DAY 18 19 20 21 WIGGETS7 W/ROLL 19 OR HAMBURGER 32 WGRILLEDFRANKS1 or SANDWICH 45 OR HAMBURGER 32 Lettuce and Tomato 1 GRHUCKEN OR HAM0 Pinto Beans 18 Steamed Cabbage5 Strewde Tomatoe 2 Shredded Lettuce 1 Diced Tomato 2 Shredde Lettuce 1 Diced Tomato 2 Shredde Lettuce 1 Diced Tomato 2 Shredde Lettuce 1 Shretuce	RAVIOLI 30 W/GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER 32 Lettuce and Tomato 1 Straight Cut Fries 16	BREAKFAST FOR LUNCH Sausage 0 or Chicken13 w/eggs 0 Biscuit28 and Gravy9 or Pancakes26 w/syrup 20 Applesauce unswt 15	VEGETABLE BEEF SOUP 15 GRILLED CHEESE 34 OR PBJ SANDWICH40 Cucumber and Carrot Rounds 8 w/dip 2 Scrabble Cheez-its 14	SLOPPY JO ON A BUN 37 OR FISH TREASURES 16 W/HUSHPUPPIES 18 Baked Potato 33 Corn on Cob18	CHEESE PIZZA 34 OR FRUIT AND YOGURT PLATE 74 Tossed Salad 2 Waffle Cut Fries 14
CHICKEN NUGGETS? W/ROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Crinke Cut Potatos 14 Broccoli Spears 4 Peach Slush Cup30MAC AND CHEESE 22 W/GRILLEDFRANKS1 OR HAM0 Dinto Beans 18 Steamed Cabbage5 Stewed Tomatos 2 Onions2 and Cornbread 25CHICKEN or Shredded Lettuce 1 Diced Tomato 2 Salas 3, Sour Cream 2, Cheese 1 Whole Kernel Corn 15 Straight Cut Fries25CHICKEN FILLET SANDWICH 45 W/PICKLES0 Shredded Lettuce 1 Diced Tomato 2 Salas 3, Sour Cream 2, Cheese 1 Whole Kernel Corn 15 Straight Cut Fries25CHICKEN FILLET SANDWICH 45 W/PICKLES0 Salas 3, Sour Cream 2, Cheese 1 Whole Kernel Corn 15 Straight Cut Fries25CHICKEN FILLET SANDWICH 45 Straight Cut Fries2524 CHICKEN NUGGETS7 WROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Waffle Fries 14 Broccoli Spears 425 SALISBURY STEAK5 OR PORK ROAST 0 Mashed Potatos12 Strawberry Slush Cup3226 SPAGHETTI 29 W/ GARDEN SALAD 2 AND BREADSTICK 19 OR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE Caracters 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH 40 Tomato Soup16 Caracters 18 Fresh Apple 1928 PEPPERONI PIZZA 3 Diced Apricots 19 Diced Apricots 1931 BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK19 OR MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12"IT HIS THIS NCTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."MAC AND CHEESE 120 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT31 BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK19 OR MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12"IT HIS NCAND APORTUNITY <br< td=""><td>CHOICE OF FA</td><td>T FREE 27% LESS SUGA</td><td>R CHOC, 1% UNFLAVOR</td><td>ED OR SKIM MILK/FRES</td><td>H FRUIT/JUICE</td></br<>	CHOICE OF FA	T FREE 27% LESS SUGA	R CHOC, 1% UNFLAVOR	ED OR SKIM MILK/FRES	H FRUIT/JUICE
24 CHICKEN NUGGETS7 W/ROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Waffle Fries 14 Broccoli Spears 425 SALISBURY STEAK5 OR PORK ROAST 0 Mashed Potatoes 15 Green Beans 3 Honey Wheat Roll 20 Strawberry Slush Cup3226 SPAGHETTI 29 W/ GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER32 Lettuce and Tomato 1 Green Peas 11 Pear Halves 2327 GRILLED HAM AND CHEESE34 OR PBJ SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH40 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH40 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH40 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 1928 PEPPERONI PIZZA 3 OR FISH SANDWICH45 Tater Tots 18 Diced Apricots 1931Maked ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK19 OR MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."26 PONIDER."27 GRILLED HAM AND CHEESEBURGER32 Lettuce and Tomato 1 Green Peas 11 PROVIDER."27 Carot subscription DR28 PEPPERONI PIZZA 3 OR DR	***	CHICKEN NUGGETS7 W/ROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Crinkle Cut Potatoes 14 Broccoli Spears 4 Peach Slush Cup30	MAC AND CHEESE 22 W/GRILLEDFRANKS1 OR HAM 0 Pinto Beans 18 Steamed Cabbage5 Stewed Tomatoes 2 Onions2 and Cornbread 25	CHICKEN or BEEF TACOS 25 Shredded Lettuce 1 Diced Tomato 2 Salsa 3, Sour Cream 2, Cheese 1 Whole Kernel Corn 15 Straight Cut Fries25	CHICKEN FILLET SANDWICH 45 W/PICKLES0 OR STUFFED CRUST PIZZA 51 Lettuce and Tomato 1 Garden Salad 2 Steamed Carrots 8
CHICKEN NUGGETS7 W/ROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Waffle Fries 14 Broccoli Spears 4SALISBURY STEAKS OR PORK ROAST 0 Mashed Potatoes 15 Green Beans 3 Honey Wheat Roll 20 Strawberry Slush Cup32SPAGHETTI 29 W/ GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER32 Lettuce and Tomato 1 Green Peas 11 Pear Halves 23GRILLED HAM AND CHEESE34 OR PBJ SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19PEPPERONI PIZZA 3 OR FISH SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19PEPPERONI PIZZA 3 OR31" MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12" PROVIDER."PROVIDER."			,		
31 BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK19 OR MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12	CHICKEN NUGGETS7 W/ROLL 19 OR HAMBURGER 32 Lettuce and Tomato 1 Waffle Fries 14 Broccoli Spears 4	SALISBURY STEAK5 OR PORK ROAST 0 Mashed Potatoes 15 Green Beans 3 Honey Wheat Roll 20 Strawberry Slush Cup32	SPAGHETTI 29 W/ GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER32 Lettuce and Tomato 1 Green Peas 11 Pear Halves 23	GRILLED HAM AND CHEESE34 OR PBJ SANDWICH40 Tomato Soup16 Carrot and Cucumber Rounds8 w/dip2 Crackers 18 Fresh Apple 19	PEPPERONI PIZZA 39 OR FISH SANDWICH 45 W/TARTAR SAUCE 2 Corn15 Tater Tots 18 Diced Apricots 19
BAKED ZITI 29 "THIS W/GARDEN SALAD 2 INSTITUTION AND BREADSTICK19 INSTITUTION OR IS AN EQUAL MINI CORNDOGS27 OPPORTUNITY Broccoli Normandy 4 PROVIDER."		FAT FREE 27% LESS SU	GAR CHOC, 1% UNFLAV	JRED OR SKIM MILK/FR	ESH FRUIT
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE	BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK19 OR MINI CORNDOGS27 Broccoli Normandy 4 Sliced Peaches 12	INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER." Subject to change.	·	***	***