JANUARY MEADOWBROOK BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 Manager's Choice	4 CHICKEN BISCUIT OR BREAKFAST BAR	5 SAUSAGE ON A STICKW/SYRUP OR BREAKFAST BAR	6 SCRAMBLED EGGS AND TOAST OR BREAKFAST ABR	7 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF	FAT FREE 27% LESS SU	GAR CHOC, 1%UNFLAV	ORED OR SKIM MILK/FF	RESH FRUIT
10 SAUSAGE BISCUIT OR BREAKFAST BAR	11 PILLSBURY MINI PANCAKES OR BREAKFAST BAR	12 BISCUIT AND APPLESAUCE OR BREKFAST BAR	13 CINNAMON TOAST OR BREAKFAST BAR	14 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT	FREE 27% LESS SUGAR	CHOC, 1%UNFLAVORE	D OR SKIM MILK/FRESH	FRUIT,CEREAL
17 HOLIDAY	18 CHICKEN BISCUIT OR BREAKFAST BAR	19 FRENCH TOAST STICKS W/SYRUP OR BREAKFAST BAR	20 RICE KRISPIE CEREAL BAR OR BREAKFAST BAR	21 BISCUIT AND GRAVY OR BREAKFAST BAR
	1	R CHOC, 1%UNFLAVORE	1	
24 SAUSAGE BISCUIT OR BREAKFAST BAR	25 WAFFLES W/SYRUP OR BREAKFAST BAR	26 CINNAMON TASTRY OR BREAKFAST BAR	27 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR	28 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT	FREE 27% LESS SUGAR	CHOC, 1%UNFLAVORE	D OR SKIM MILK/FRESH	I FRUIT,CEREAL
31 CHICKEN BISCUIT OR BREAKFAST BAR	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER." Subject to change.	·	······································	······································