



JANUARY

ELEMENTARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
3 STUFFED CRUST PIZZA OR CHEESE PIZZA Green Peas Straight Cut Fries Sliced Peaches	4 SANTE FE CHICKEN PASTA OR CORN DOG Mashed Potatoes Whole Kernel Corn Pineapple	5 SPAGHETTI W/ GARDEN SALAD AND BREADSTICK OR HAMBURGER Lettuce and Tomato Green Beans Pear Halves	6 SWEET AND SOUR CHICKEN w/BROCCOLI NORMANDY and BREADSTICK OR RIB-B-Q ON BUN Baked Beans Diced Apricots	7 DELI TURKEY AND CHEESE or HAM AND CHEESE SUB Lettuce and Tomato Tater Tots Steamed Carrots
CHOICE OF FAT FREE 27% LESS SUGAR CHOC. 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
10 RAVIOLI 30 W/GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER 32 Lettuce and Tomato 1 Straight Cut Fries 16 Fresh NC Apple 19	11 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots	12 VEGETABLE BEEF SOUP GRILLED CHEESE OR PBJ SANDWICH Cucumber and Carrot Rounds w/dip Scrabble Cheez-its Sliced Peaches	13 SLOPPY JO ON A BUN OR FISH TREASURES W/HUSHPUPIES Baked Potato Corn on Cob Cole Slaw	14 CHEESE PIZZA OR FRUIT AND YOGURT PLATE Tossed Salad Waffle Cut Fries Diced Apricots
CHOICE OF FAT FREE 27% LESS SUGAR CHOC. 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
17 WORK DAY 	18 WORK DAY 	19 MAC AND CHEESE 22 W/GRILLED FRANKS 1 OR HAM 0 Pinto Beans 18 Steamed Cabbage 5 Stewed Tomatoes 2 Onions 2 and Cornbread 25	20 CHICKEN or BEEF TACOS Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Straight Cut Fries	21 CHICKEN FILLET SANDWICH W/PICKLES OR STUFFED CRUST PIZZA Lettuce and Tomato Garden Salad Steamed Carrots
CHOICE OF FAT FREE 27% LESS SUGAR CHOC. 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
24 CHICKEN NUGGETS W/ROLL OR HAMBURGER Lettuce and Tomato Waffle Fries Broccoli Spears	25 SALISBURY STEAK OR PORK ROAST Mashed Potatoes Green Beans Honey Wheat Roll Strawberry Slush Cup	26 SPAGHETTI W/ GARDEN SALAD AND BREADSTICK OR CHEESEBURGER Lettuce and Tomato Green Peas Pear Halves	27 GRILLED HAM AND CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Rounds w/dip Crackers Fresh Apple	28 PEPPERONI PIZZA OR FISH SANDWICH W/TARTAR SAUCE Corn Tater Tots Diced Apricots
CHOICE OF FAT FREE 27% LESS SUGAR CHOC. 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
31 BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Normandy Sliced Peaches	<p style="color: #00b050; font-weight: bold;">“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</p> <p style="color: #00b050; font-weight: bold;">Subject to change.</p>			
CHOICE OF FAT FREE 27% LESS SUGAR CHOC. 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

