

JANUARY

MEADOWBROOK BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
3 MANAGER'S CHOICE	4 CHICKEN BISCUIT ⁴¹ OR BREAKFAST BAR	5 SAUSAGE ON A STICK ²⁰ w/SYRUP ²⁰ OR BREAKFAST BAR	6 SCRAMBLED EGGS AND TOAST ¹⁵ OR BREAKFAST ABR	7 BISCUIT ²⁸ AND GRAVY ⁹ OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT				
10 SAUSAGE BISCUIT ²⁸ OR BREAKFAST BAR	11 PILLSBURY MINI PANCAKES ³⁴ OR BREAKFAST BAR	12 BISCUIT ²⁸ AND APPLESAUCE ^{unsw 15} OR BREKFAST BAR	13 CINNAMON TOAST ¹⁷ OR BREAKFAST BAR	14 BISCUIT ²⁸ AND GRAVY ⁹ OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT,CEREAL				
17 WORK DAY 	18 CHICKEN BISCUIT ⁴¹ OR BREAKFAST BAR	19 FRENCH TOAST STICKS ²⁰ W/SYRUP ²⁰ OR BREAKFAST BAR	20 RICE KRISPIE CEREAL BAR OR BREAKFAST BAR	21 BISCUIT ²⁸ AND GRAVY ⁹ OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT,CEREAL				
24 SAUSAGE BISCUIT ²⁸ OR BREAKFAST BAR	25 WAFFLES W/SYRUP ²⁰ OR BREAKFAST BAR	26 CINNAMON TASTRY ³⁸ OR BREAKFAST BAR	27 SCRAMBLED EGGS AND TOAST ¹⁵ OR BREAKFAST BAR	28 BISCUIT ²⁸ AND GRAVY ⁹ OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT,CEREAL				
31 CHICKEN BISCUIT ⁴¹ OR BREAKFAST BAR	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.			
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT,CEREAL				

