



# MARCH

## MIDDLE AND HIGH



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> CHICKEN OR TURKEY POT PIE W/PEAS-N-CARROTS <sup>31</sup> Biscuit <sup>28</sup> Spiced Apples <sup>18</sup>	<b>2</b> BREAKFAST FOR LUNCH Sausage <sup>0</sup> Chicken <sup>13</sup> or Steak <sup>8</sup> w/eggs <sup>0</sup> Biscuit <sup>28</sup> and Gravy <sup>9</sup> or Pancakes <sup>26</sup> w/syrup <sup>20</sup> Hashbrowns <sup>32</sup> Applesauce <sup>UNSWT</sup> <sup>15</sup>	<b>3</b> SWEET AND SOUR CHICKEN <sup>26</sup> w/ RICE <sup>35</sup> EGG ROLL <sup>19</sup> Broccoli Spears <sup>4</sup> Pineapple Tidbits <sup>19</sup> Fortune Cookie <sup>8</sup>	<b>4</b> DELI TURKEY AND PEPPER JACK CHEESE SUB <sup>36</sup> Lettuce and Tomato <sup>1</sup> Tater Tots <sup>18</sup> Steamed Carrots <sup>8</sup> Pear Halves <sup>23</sup>
	CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT			
<b>7</b> CHEF BOYARDEE BAKED RAVIOLI <sup>30</sup> W/GARDEN SALAD <sup>2</sup> AND BREADSTICK <sup>19</sup> Fruit Cocktail <sup>20</sup>	<b>8</b> OVEN ROASTED CHICKEN <sup>1</sup> W/ YEAST ROLL <sup>20</sup> Mashed Potatoes <sup>20</sup> Seasoned Green Bean <sup>3</sup> Strawberry Shortcake	<b>9</b> VEGETABLE BEEF SOUP <sup>15</sup> SPICY GRILLED CHEESE SANDWICH <sup>46</sup> Cucumber and Carrot Rounds <sup>8</sup> w/dip <sup>2</sup> Crackers <sup>18</sup> Fruit Cocktail <sup>20</sup>	<b>10</b> TACOS <sup>25</sup> Shredded Lettuce <sup>1</sup> Diced Tomato <sup>1</sup> Salsa <sup>3</sup> Sour Cream <sup>2</sup> Cheese <sup>1</sup> Whole Kernel Corn <sup>15</sup> Straight Cut Fries <sup>25</sup>	<b>11</b> FISH SANDWICH <sup>45</sup> W/TARTAR SAUCE <sup>2</sup> Baked Potato <sup>33</sup> Broccoli Spears <sup>4</sup> Apple Crisp <sup>51</sup>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>14</b> STUFFED CRUST PIZZA <sup>51</sup> Green Peas <sup>11</sup> Spicy Straight Cut Fries <sup>22</sup> Fresh Apple <sup>19</sup>	<b>15</b> CHICKEN TENDERS <sup>25</sup> W/YEAST ROLL <sup>20</sup> Crinkle Cut Potatoes <sup>26</sup> Seasoned Green Beans <sup>3</sup> Peach Cobbler <sup>48</sup>	<b>16</b> MAC AND CHEESE <sup>22</sup> LITTLE SMOKIES <sup>2</sup> Pinto Beans <sup>18</sup> Steamed Cabbage <sup>5</sup> Stewed Tomatoes <sup>2</sup> Sliced Onions <sup>2</sup> Cornbread <sup>25</sup>	<b>17</b> NATHAN'S HOT DOG SLIDERS <sup>34</sup> W/CHILI-N-CHEESE <sup>8</sup> Baked Beans <sup>33</sup> Corn on Cob <sup>18</sup> Cole Slaw <sup>8</sup> Lime Sherbet Cup	<b>18</b> CHEESE FILLED SOFT BREAD STICKS <sup>56</sup> Caesar Salad <sup>6</sup> Cream of Broccoli Soup <sup>21</sup> Pineapple Tidbits <sup>19</sup>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>21</b> SPICY CHICKEN CHUNKS <sup>15</sup> W/YEAST ROLL <sup>20</sup> Broccoli w/ Cheese Sauce <sup>7</sup> Waffle Fries <sup>21</sup> Strawberry Shortcake	<b>22</b> PORK ROAST <sup>0</sup> AND GRAVY <sup>37</sup> Mashed Potatoes <sup>20</sup> Green Beans <sup>3</sup> Hot Yeast Roll <sup>20</sup> Cherry Cobbler <sup>45</sup>	<b>23</b> SPAGHETTI <sup>51</sup> W/GARLIC BREAD STICK <sup>19</sup> Fresh Garden Salad <sup>2</sup> Peaches	<b>24</b> BAKED HAM <sup>0</sup> Sweet Potato Souffle <sup>43</sup> Broccoli Casserole <sup>11</sup> Honey Wheat Roll <sup>20</sup> Spiced Apples <sup>18</sup>	<b>25</b> SEAFOOD BASKET <sup>28</sup> W/HUSHPUPIES <sup>18</sup> Baked Beans <sup>33</sup> Corn on the Cob <sup>18</sup> Cole Slaw <sup>8</sup>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>28</b> OVEN ROASTED CHICKEN <sup>1</sup> W/YEAST ROLL <sup>20</sup> MASHED POTATOES <sup>20</sup> CORN <sup>18</sup>	<b>29</b> BAKED ZITI <sup>29</sup> W/GARDEN SALAD <sup>2</sup> AND BREADSTICK <sup>19</sup> Normandy Blend <sup>4</sup> Peach Cobbler <sup>48</sup>	<b>30</b> MAC AND CHEESE <sup>22</sup> LITTLE SMOKIES <sup>2</sup> Pinto Beans <sup>18</sup> Steamed Cabbage <sup>5</sup> Stewed Tomatoes <sup>2</sup> Sliced Onions <sup>2</sup> Cornbread <sup>25</sup>	<b>31</b> CHEESE LASAGNA <sup>32</sup> W/GARLIC BREAD STICK <sup>19</sup> Caesar Salad <sup>6</sup> with School Made <sup>20</sup> Croutons <sup>7</sup> Pear Halves <sup>23</sup>	<b>“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</b>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

\* Menu Subject to change.