



# MARCH

## MIDDLE AND HIGH



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> CHICKEN OR TURKEY POT PIE W/PEAS-N-CARROTS SOUTHERN BISCUIT Spiced Apples	<b>2</b> BREAKFAST FOR LUNCH Sausage, Chicken or Steak w/eggs Biscuit and Gravy or Pancakes w/syrup Hashbrowns Applesauce	<b>3</b> SWEET AND SOUR CHICKEN w/ RICE EGG ROLL Broccoli Spears Pineapple Tidbits Fortune Cookie	<b>4</b> DELI TURKEY AND PEPPER JACK CHEESE SUB Lettuce and Tomato Tater Tots Steamed Carrots Pear Halves
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
<b>7</b> CHEF BOYARDEE BAKED RAVIOLI W/GARDEN SALAD AND BREADSTICK Fruit Cocktail	<b>8</b> OVEN ROASTED CHICKEN W/ YEAST ROLL Mashed Potatoes Seasoned Green Bean Strawberry Shortcake	<b>9</b> VEGETABLE BEEF SOUP SPICY GRILLED CHEESE SANDWICH Cucumber and Carrot Rounds w/dip Crackers Fruit Cocktail	<b>10</b> TACOS Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Straight Cut Fries	<b>11</b> FISH SANDWICH W/TARTAR SAUCE Baked Potato Broccoli Spears Apple Crisp
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>14</b> STUFFED CRUST PIZZA Green Peas Spicy Straight Cut Fries Fresh Apple	<b>15</b> CHICKEN TENDERS W/YEAST ROLL Crinkle Cut Potatoes Seasoned Green Beans Peach Cobbler	<b>16</b> MAC AND CHEESE LITTLE SMOKIES Pinto Beans Steamed Cabbage Stewed Tomatoes Sliced Onions Cornbread	<b>17</b> NATHAN'S HOT DOG SLIDERS W/CHILI-N-CHEESE Baked Beans Corn on Cob Cole Slaw Lime Sherbet Cup	<b>18</b> CHEESE FILLED SOFT BREAD STICKS Caesar Salad Cream of Broccoli Soup Pineapple Tidbits
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>21</b> SPICY CHICKEN CHUNKS W/YEAST ROLL Broccoli w/ Cheese Sauce Waffle Fries Strawberry Shortcake	<b>22</b> PORK ROAST AND GRAVY Mashed Potatoes Green Beans Hot Yeast Roll Cherry Cobbler	<b>23</b> SPAGHETTI W/GARLIC BREAD STICK Fresh Garden Salad Peaches	<b>24</b> BAKED HAM Sweet Potato Souffle Broccoli Casserole Honey Wheat Roll Spiced Apples	<b>25</b> SEAFOOD BASKET W/HUSHPUPPIES Baked Beans Corn on the Cob Cole Slaw
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<b>28</b> ROASTED CHICKEN W/YEAST ROLL MASHED POTATOES CORN	<b>29</b> BAKED ZITI W/GARDEN SALAD AND BREADSTICK Normandy Blend Peach Cobbler	<b>30</b> MAC AND CHEESE LITTLE SMOKIES Pinto Beans Steamed Cabbage Stewed Tomatoes Sliced Onions Cornbread	<b>31</b> CHEESE LASAGNA W/GARLIC BREAD STICK Caesar Salad with School Made Croutons Pear Halves	<b>“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</b>
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

\* Menu Subject to change.