

NOVEMBER

ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST BAR OR FRUIT FILLED FRUDEL	2 CHICKEN BISCUIT OR BREAKFAST BAR	3 WAFFLES W/SYRUP OR BREAKFAST BAR	4 SAUSAGE BISCUIT OR BREAKFAST BAR	5 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL				
8 PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR	9 RICE KRISPIE CEREAL BAR OR BREAKFAST BAR	10 CHICKEN BISCUIT OR BREAKFAST BAR	 VETERANS DAY	12 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL				
15 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR	16 SAUSAGE BISCUIT OR BREAKFAST BAR	17 CINNAMON TASTRY OR BREAKFAST BAR	18 CHICKEN BISCUIT OR BREAKFAST BAR	19 BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL				
22 PILLSBURY MINI PANCAKES OR BREAKFAST BAR	23 BISCUIT AND GRAVY OR BREAKFAST BAR		 THANKSGIVING DAY	
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL				
29 SAUSAGE BISCUIT OR BREAKFAST BAR	30 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR	<p>“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”</p> <p>Subject to change.</p>		
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL				

