NOVEMBER

ELEMENTARY BREAKFAST

FILLED FRUDEL BREAKFAST BAR BREAKF	Monday	Tuesday	Wednesday	Thursday	Friday			
8 PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR PREAKFAST BAR PANCAKE AND SAUSAGE BISCUIT OR BREAKFAST BAR PREAKFAST BAR 10 CHICKEN BISCUIT AND GRAVY OR BREAKFAST BAR PREAKFAST BAR 16 SAUSAGE BISCUIT OR BREAKFAST BAR 17 CINNAMON TASTRY OR BREAKFAST BAR PREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR PREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR 19 BISCUIT AND GRAVY OR BREAKFAST BAR 10 BISCUIT AND GRA	OR FRUIT	CHICKEN BISCUIT OR	WAFFLES W/SYRUP OR	SAUSAGE BISCUIT OR	BISCUIT AND			
PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR RICE KRISPIE CEREAL BAR OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 15 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 16 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 17 CINNAMON TASTRY OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 22 PILLSBURY MINI PANCAKES OR BREAKFAST BAR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 26 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 27 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 28 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR PROVIDER."	CHOICE OF FAT FR	EE 27% LESS SUGAR CF	HOC, 1%UNFLAVORED C	DR SKIM MILK/FRESH FF	RUIT/JUICE/CEREAL			
PANCAKE AND SAUSAGE ON A STICK OR BREAKFAST BAR RICE KRISPIE CEREAL BAR OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 15 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 16 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 17 CINNAMON TASTRY OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 22 PILLSBURY MINI PANCAKES OR BREAKFAST BAR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 26 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 27 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 28 SAUSAGE BISCUIT OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK FRESH FRUIT/JUICE/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR PROVIDER."								
15 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR DREAKFAST BAR BISCUIT AND BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BISCUIT AND CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."	PANCAKE AND SAUSAGE ON A STICK OR	RICE KRISPIE CEREAL BAR OR	CHICKEN BISCUIT OR		BISCUIT AND			
SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR SAUSAGE BISCUIT OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR CHICKEN BI	CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL							
SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR SAUSAGE BISCUIT OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR CHICKEN BISCUIT OR BREAKFAST BAR BISCUIT AND GRAVY BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL 22 PILLSBURY MINI PANCAKES OR BREAKFAST BAR BISCUIT AND GRAVY OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL 25 THANKSGIVING DAY CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR 30 SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."	15	16	17	18	19			
PILLSBURY MINI PANCAKES OR BREAKFAST BAR BISCUIT AND GRAVY OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR OR BREAKFAST BAR "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."	SCRAMBLED EGGS AND TOAST OR	SAUSAGE BISCUIT OR	CINNAMON TASTRY OR	CHICKEN BISCUIT OR	BISCUIT AND			
PILLSBURY MINI PANCAKES OR BREAKFAST BAR BISCUIT AND GRAVY OR BREAKFAST BAR CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/CEREAL 29 SAUSAGE BISCUIT OR BREAKFAST BAR SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR OR BREAKFAST BAR OR BREAKFAST BAR OR PROVIDER."	CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL							
29 SAUSAGE BISCUIT OR BREAKFAST BAR OR OR BREAKFAST BAR	PILLSBURY MINI PANCAKES OR BREAKFAST BAR	BISCUIT AND GRAVY OR BREAKFAST BAR		THANKSGIVING DAY				
SAUSAGE BISCUIT OR BREAKFAST BAR	CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/CEREAL							
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/CEREAL	SAUSAGE BISCUIT OR BREAKFAST BAR	SCRAMBLED EGGS AND TOAST OR BREAKFAST BAR	IS AN EQUAL OPPORTUNITY PROVIDER." Subject to change.					