

NOVEMBER

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
1 CHICKEN FAJITA BEEF TACOS 25 Shredded Lettuce 1 Diced Tomato 2 Salsa,3 Sour Cream, 2 Cheese 1 Whole Kernel Corn 15 Straight Cut Fries 19	2 TURKEY POT PIE WITH CARROTS AND PEAS 31 HAMBURGER 32 Lettuce 0 Tomato 1 Pickle chips 0 Mashed Potatoes 15 Pears 23	3 BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK 19 OR MINI CORN DOGS27 Broccoli Spears 4 Strawberry Cup 7	4 GRILLED HAM AND CHEESE 34 OR GRILLED CHEESE SANDWICH34 Tomato Soup 16 Carrot and Cucumber Rounds 8 w/dip 2 Scrabble Cheez Its 14	5 PEPPERONI PIZZA 39 FISH SANDWICH 45 W/TARTAR SAUCE 4 Green Peas 11 Corn on the Cob 18 Diced Apricots 19
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
8 CHEF BOYARDEE 30 RAVIOLI W/GARDEN SALAD 2 AND BREADSTICK 19 OR CHEESEBURGER32 Lettuce 0 and Tomato1 Straight Cut Fries 25 Fresh NC Apple 19	9 BREAKFAST FOR LUNCH Sausage 0 or Chicken 13 w/eggs 0 Biscuit 28 and Gravy 9 or Pancakes 26 w/syrup 20 Applesauce 15 Tater Tot 18	10 SALISBURY STEAK 6 OR CHICKEN RINGS16 Mashed Potatoes 15 Green Beans Honey Wheat Roll 20 Strawberry Cup 7	 VETERANS DAY	12 CHEESE PIZZA 34 OR RIB-B-Q 44 Baked Potato 33 Broccoli Spears 4 w/cheese sauce 3 Pickle Chips 0
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
15 BAKED ZITI 29 W/GARDEN SALAD 2 AND BREADSTICK 19 OR MINI CORN DOGS27 Broccoli Spears 4 Strawberry Cup 7	16 GRILLED CHEESE 34 OR PBJ SANDWICH40 Tomato Soup 16 Carrot and Cucumber Rounds 8 w/dip 2 Scrabble Cheez Its 14	17 BEEF 15 OR BEAN AND CHEESE CHALUPA 21 Shredded Lettuce 1 Diced Tomato 2 Salsa,3 Sour Cream, 2 Cheese 1 Whole Kernel Corn 15	18 TURKEY 0 AND DRESSING W/GRAVY48 Mashed Potatoes 15 Green Beans 3 Hot Yeast Roll 20 Pumpkin Pie Cranberry Sauce22	19 PEPPERONI PIZZA 39 CHICKEN FILLET 53 Lettuce 0 and Tomato 1 Green Peas 11 Straight Cut Fries 19 NC Fresh Apple 19
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
22 CHICKEN NUGGETS 7 W/ROLL 20 OR HAMBURGER 32 Lettuce 0 and Tomato 1 Mashed Potatoes 15 Green Beans 3	23 STUFFED CRUST PIZZA 51 CHEESE PIZZA 34 Garden Salad 2 Tater Tot 18 Pear Halves 23		 THANKSGIVING DAY	
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				
29 BREAKFAST FOR LUNCH Sausage 0 or Chicken 13 w/eggs 0 Biscuit 28 and Gravy 9 or Pancakes 26 w/syrup 20 Applesauce 15 Tater Tot 18	30 MAC N CHEESE 22 W/BAKED HAM 0 OR GRILLED FRANKS 1 Pinto Beans 18 Steamed Cabbage5 Stewed Tomatoes 2 Onions 2 and Cornbread 31	“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.” Subject to change.		
CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT				

