





# OCTOBER

## MEADOWBROOK LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 	<b>2</b> 
<b>5</b> CHEESEBURGER OR CHICKEN ALFREDO W/ BROCCOLI AND BREAD STICK Lettuce and Tomato Potato Smiles Cucumbers and Carrots w/ dip Pears Orange	<b>6</b> BAKED ZITI OR SHAVED DELI TURKEY&CHEESE HOAGIE Tossed Salad Lettuce&Tomato Broccoli Spears Bread Stick NC Fresh Apple Frozen Fruit Cup	<b>7</b> CORN DOG OR TURKEY POT PIE Mixed Veggies Curly Fries Biscuit Applesauce Banana	<b>8</b> CHICKEN FILET OR PORK ROAST W/ GRAVY Lettuce&Tomato Mashed Potatoes Green Beans Grapes Peach cup	<b>9</b> PEPPERONI PIZZA OR FRUIT AND YOGURT PLATE Tossed Salad Corn on the Cob Watermelon Mandarin Oranges
<b>12</b> CP'S STUFFED CRUST PIZZA OR SEAFOOD BASKET W/ HUSHPUPIES Cole Slaw Carrot Stix w/dip Frozen Fruit Cup Fresh Kiwi Golden Brownie	<b>13</b> DWIGHT'S CHEESE QUESADILLA OR CHICKEN NUGGETS Whole Kernal Corn Pinto Beans School Roll Peach Slices NC Fresh Apple	<b>14</b> VINCE'S VEGGIES CHEF SALAD W/TURKEY BREAST and Bread Stick OR GRILLED CHICKEN ON BUN Lettuce and Tomato Broccoli Spears NC Strawberry Cup Pear Halves	<b>15</b> NASH'S NOODLES CHICKEN PARMESAN w/PASTA OR HAMBURGER Lettuce&Tomato NC Kennebec Baked Potato Whole Wheat Roll NC Golden Delicious Apples Fruit Cocktail	<b>16</b> TAURASI'S CHICKEN AND VEGETABLE TERIYAKI RICE BOWL W/ FORTUNE COOKIE OR HOT DOG Veggie Beans, Slaw Orange Wedges Pineapple Chunks
<b>19</b> CHEESE PIZZA OR CHICKEN SALAD WRAP Lettuce and Tomato Broccoli Cheese Soup Peas Red Grapes Peach Cup	<b>20</b> MAC N CHEESE W/ GRILLED FRANKS OR SLICED HAM Pinto beans Cabbage Stewed Tomatoes Onions, Cornbread NC Strawberry Cup Mixed Fruit	<b>21</b> CRUNCHY OR SOFT TACO OR CHICKEN FAJITIA Lettuce, Tomato, Salsa, Sour Cream, Cheese, Black Beans and Rice Whole Kernel Corn NC Pink Lady Apple Mardarian Oranges	<b>22</b> SLOPPY JO OR CHICKEN FILLET Lettuce Tomato Potato Smiles Carrot Stix w/dip Banana Frozen Fruit cup	<b>23</b> FISH FILLET W/CHEESE ON A BUN OR STUFFED CRUST PIZZA Oven Roasted Potatoes Corn Peach Cup Grapes
<b>26</b> CHICKEN RINGS OR GRILLED CHEESE Tomato Soup Seasoned Wedges School Roll Fruit Cocktail Grapes	<b>27</b> BAKED ZITI OR SHAVED DELI TURKEY&CHEESE HOAGIE Tossed Salad Broccoli Spears Bread Stick NC Johnna Gold Apple Pear Halves	<b>28</b> SWEET&SOUR CHICKEN W/ RICE AND BROCCOLI W/Fortune cookie OR CORN DOG Slaw Green Beans Pineapple Kiwi	<b>29</b> BREAKFAST FOR LUNCH Eggs w/choice of Chicken, Sausage,Steak Pancakes or Gravy Biscuits Tater Tots NC Spiced Apple Slices Orange	<b>30</b> MUMMY DOG OR HAUNTING HAMBURGER Lurking Lettuce and Terrified Tomatoes Ghostly Potato Wedges Carrots, Batty Banana Peach Slices Halloween Cupcake

**Menu subject to change without notice.**  
**CHOICE OF MILK/FRESH FRUIT/JUICE/FRUIT CUP**  
**“This is an equal opportunity provider.”**