

MEADOWBROOK LUNCH

### WORKDAY AND PEAS OR HAMBURGER Lettuce and Tomato Pickles Mashed Potatoes Pear Halves CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 11 CHEF BOYARDEE RAVIOLI W/GARDEN SALAD AND BREADSTICK OR CHEESE BURGER Lettuce and Tomato Straight Cut Fries Fresh NC Rome Apple CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 12 CHESEBBURGER Lettuce and Tomato Sup Corn on the Cob Diced Apricot Stik w/dip Scrabble Cheez Its CHICKEN RINGS SALAD AND BREADSTICK OR CHEESE BURGER Lettuce and Tomato Straight Cut Fries Fresh NC Rome Apple CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/UICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 26 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 27 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 26 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 27 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 28 CHOICE OR FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 27 CHOICE	Monday	Tuesday	Wednesday	Thursday	Friday	
WORKDAY STURKEY POT PIE WITH CARROTS AND PEAS OR HAMBURGER Lettuce and Tomato Pickles Mashed Potatoes Pear Halves CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT VICE Press Press NC Rome Apple Straight Cut Fries Fresh NC Rome Apple Tater Tots SPAGHETTI OR HAMBURGER Lettuce and Tomato Pickles NC Green Beans Mashed Potatoes Fresh NC Rome Apple Straight Cut Fries Fresh NC Rome Apple Straight Cut Fries Fresh NC Rome Apple Straight Cut Fries Press	***	373	NATIONAL APPLE MONTH THE LARGEST U.S. APPLE CROP WAS 277.3 MILLION	WASHINGTON'S HOBBIES WAS PRUNING HIS APPLE		
WORKDAY TURKEY POTP IE WITH CARROTTS AND PEAS OR HAMBURGER AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Whole Strawberries TOMAGARDEN SALAD AND BREADSTICK OR MINI CORN DOGS BREADSTICK OR MINI CORN DOGS BREADSTICK OR MINI CORN DOGS CHEESE BURGER Lettuce and Tomato Salad AND BREADSTICK OR MINI CORN DOGS BREADSTICK OR MINI CORN DOGS CHEESEBURGER Lettuce and Tomato Salad AND BREADSTICK OR MINI CORN DOGS Biscuit and Gravy or Pancakes w/syrup Applesauce Trater Tots THE CHICKEN RINGS SALAD AND BREADSTICK OR CHEESEBURGER Lettuce and Tomato Straight Cut Fries Fresh NC Rome Apple THE CHICKEN NUGGETS OR HAMBURGER Lettuce and Tomato Green Beans Mashed Potatoes Steamed Carrots OR CHICKEN AND BREADSTICK OR CHICKEN PIS AND WITH TOMAGARDEN SALAD AND Pickles Workers Stammed Carbabage Steamed Carbabage Steamed Carbabage Steamed Carbabage Steamed Carbabage Steamed Carbabage Steamed Carrots Or Still MINICKERS Worker Workers	CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE					
11		TURKEY POT PIE WITH CARROTS AND PEAS OR HAMBURGER Lettuce and Tomato Pickles Mashed Potatoes	BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears	GRILLED CHEESE OR HAM AND CHEESE SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip	PEPPERONI PIZZA OR FISH SANDWICH W/TARTAR SAUCE Green Peas Corn on the Cob	
CHEF BOYARDEE RAVIOLI WGARDEN SALAD AND SALAD AND BREADSTICK OR CHEESEBURGER Lettuce and Tomato Straight Cut Fries Fresh NC Rome Apple CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHICKEN NUGGETS OR HAMBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll CHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans Mashed Potatoes CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 18 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 20 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE 21 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 26 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 27 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 26 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 27 CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 28 CHOICE DICAMPAN OR CHESE NC AND BREADSTICK OR MINI CORN DOGS BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MAC N CHESE OR CHICKEN POTATOR CHOICE DICAMPAN O						
18	CHEF BOYARDEE RAVIOLI W/GARDEN SALAD AND BREADSTICK OR CHEESEBURGER Lettuce and Tomato Straight Cut Fries	BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce	CHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans Hot Yeast Roll	CHICKEN FAJITA OR CHALUPA Shredded Lettuce Diced Tomato Salsa and Sour Cream Whole Kernel Corn	CHEESE PIZZA OR RIB-B-Q ON BUN Pickles Broccoli Spears w/cheese sauce NC Kennebec Baked	
CHICKEN NUGGETS OR HAMBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll CHICKEN AND BREADSTICK OR CHICKEN FILLET Lettuce and Pickles Steamed Carrots Peach Slices CHOICE OF FAT FREE 27% LESS SUGAR CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT 25 CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CN CHEESE W/GRILLED CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its Whole Strawberries Whole Strawberries Whole Strawberries Whole Strawberries Whole Kernel Corn BBQ DINNER OR FISH TREASURES Corn on the Cob Hushpuppies Broccoli Spears NC Apple Applesauce RICE Krispie Treat MAC N CHEESE GRILLED CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its Whole Strawberries Whole Strawberries Whole Kernel Corn BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red Delicious Apple GRILLED CHEESE OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red Delicious Apple Ghostly Green Beans	CHOICE OF FA	T FREE 27% LESS SUGA	R CHOC, 1%UNFLAVOR	ED OR SKIM MILK/FRES	H FRUIT/JUICE	
25 26 27 28 HAUNTING CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears NC Apple 28 BREAKFAST FOR LUNCH FISH TREASURES Cole Slaw Corn on the Cob Hushpuppies Rice Krispie Treat Plant Cole Slaw Corn on the Cob Hushpuppies Rice Krispie Treat Pancakes w/syrup Applesauce Pancakes w/syrup Applesauce Pancakes w/syrup Applesauce AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red Delicious Apple HAUNTING HAMBURGER OR MUMMIE DOG W/CHILI Lurking Lettuce Terrified Tomatoes Frightening Fries Ghostly Green Beans	CHICKEN NUGGETS OR HAMBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll	SPAGHETTI W/GARDEN SALAD AND BREADSTICK OR CHICKEN FILLET Lettuce and Pickles Steamed Carrots Peach Slices	MAC N CHEESE W/GRILLED FRANKS OR SLICED HAM Pinto Beans Steamed Cabbage Stewed Tomatoes Onions and Cornbread	GRILLED CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its Whole Strawberries	TACO's OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn	
CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears NC Apple BREAKFAST FOR LUNCH Sausage or Chicken W/eggs Crackers Broccoli Spears NC Apple BREAKFAST FOR LUNCH Sausage or Chicken W/eggs Corn on the Cob Hushpuppies Rice Krispie Treat BBQ DINNER OR FISH TREASURES Cole Slaw AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red Delicious Apple HAMBURGER OR MUMMIE DOG W/CHILI Lurking Lettuce Terrified Tomatoes Frightening Fries Ghostly Green Beans						
Tatel 10ts	CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears	BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup	BBQ DINNER OR FISH TREASURES Cole Slaw Corn on the Cob Hushpuppies	BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red	HAMBURGER OR MUMMIE DOG W/CHILI Lurking Lettuce Terrified Tomatoes Frightening Fries Ghostly Green Beans	

Subject to change.

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