


September is here!

ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	Did YOU Know: In 1730, the first apple nursery opened in Flushing, New York?	1 CHICKEN BISCUIT ²⁸ OR B BREAKFAST BAR	2 PANCAKE AND SAUSGAE ON A STICK ²² W/SYRUP ¹⁸ OR BREAKFAST BAR	3 BISCUIT ²² AND GRAVY ¹⁰ OR BREAKFAST BAR CHEESE PIZZA DAY
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
6 HOLIDAY 	7 ASSORTED CEREAL ²² WITH TOAST ¹⁴ OR BREAKFAST BAR	8 CINNAMON TASTRY ³⁸ OR BREAKFAST BAR	9 RICE KRISPIE CEREAL BAR ²⁷ OR BREAKFAST BAR	10 BISCUIT ²² AND GRAVY ¹⁰ OR BREAKFAST BAR
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
13 SAUSAGE BISCUIT ²⁶ OR BREAKFAST BAR	14 MRS. BUTTERWORTH PANCAKES ²⁷ W/ SYRUP ¹⁸ OR BREAKFAST BAR	15 CHICKEN BISCUIT ²⁸ OR BREAKFAST BAR	16 ASSORTED CEREAL ²² WITH TOAST ¹⁴ OR BREAKFAST BAR	17 BISCUIT ²² AND GRAVY ¹⁰ OR BREAKFAST BAR
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
20 SCRAMBLED EGGS ¹ AND TOAST ¹⁴ OR BREAKFAST BAR	21 CHICKEN BISCUIT ²⁸ OR BREAKFAST BAR	22 RICE KRISPIE CEREAL BAR ²⁷ OR BREAKFAST BAR	23 FRENCH TOAST STICKS ³¹ WITH SYRUP ¹⁸ OR BREAKFAST BAR	24 BISCUIT ²² AND GRAVY ¹⁰ OR BREAKFAST BAR
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
27 PANCAKE AND SAUSAGE ON A STICK ²² W/SYRUP ¹⁸ OR BREAKFAST BAR	28 ASSORTED CEREAL ²² WITH TOAST ¹⁴ OR BREAKFAST BAR	29 CHICKEN BISCUIT ²⁸ OR BREAKFAST BAR	30 WAFFLES ²⁷ WITH SYRUP ¹⁸ OR BREAKFAST BAR	
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				

Subject to change.

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”