



# September is here!

## MEADOWBROOK BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Did YOU Know:</b> <b>In 1730, the first apple nursery opened in Flushing, New York?</b>	<b>1</b> CHICKEN BISCUIT OR BNEAKFAST BAR	<b>2</b> PANCAKE AND SAUSGAE ON A STICK W/SYRUP OR BREAKFAST BAR	<b>3</b> BISCUIT AND GRAVY OR BREAKFAST BAR <b>CHEESE PIZZA DAY</b>
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
<b>6</b> <b>HOLIDAY</b> 	<b>7</b> ASSORTED CEREAL WITH TOAST OR BREAKFAST BAR	<b>8</b> CINNAMON TASTRY OR BREAKFAST BAR	<b>9</b> RICE KRISPIE CEREAL BAR OR BREAKFAST BAR	<b>10</b> BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
<b>13</b> SAUSAGE BISCUIT OR BREAKFAST BAR	<b>14</b> MRS. BUTTERWORTH PANCAKES WITH SYRUP OR BREAKFAST BAR	<b>15</b> CHICKEN BISCUIT OR BREAKFAST BAR	<b>16</b> ASSORTED CEREAL WITH TOAST OR BREAKFAST BAR	<b>17</b> BISCUIT AND GRAVY OR BREAKFAST BAR
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP/CEREAL				
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Subject to change.

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”