

SEPTEMBER

Elementary Lunch



	Elementary Lunch			ARANK
Monday	Tuesday	Wednesday	Thursday	Friday
	1 BAKED ZITI OR SHAVED DELI TURKEY&CHEESE HOAGIE Tossed Salad Lettuce&Tomato California Veggies Bread stick Banana Jello w/ fruit	2 HOT DOG W/CHILLI OR SWEET&SOUR CHICKEN W/ RICE AND BROCCOLI Fresh NC Cucumber Stix Green Beans Pineapple Tidbits Fresh NC Watermelon	3 BREAKFAST FOR LUNCH Eggs w/choice of Chicken, Sausage, Steak Pancakes or Gravy Biscuits Tater Tots Spiced Apples Fresh NC Cantalope	4 FISH FILET W/CHEESE ON BUN OR STUFFED CRUST PIZZA Oven Roasted Potatoes Corn Peach Cup Grapes
7 LABOR DAY	8 CHEESE QUESADILLA OR CHICKEN NUGGETS Tomato Soup Pinto Beans School Roll Frozen Fruit Bar Apple	9 CORN DOG OR TURKEY POT PIE Mixed Veggies Curly Fries Biscuit Applesauce Banana	10 CHICKEN FILET OR PORK ROAST W/ GRAVY Lettuce&Tomato Mashed Potatoes Green Beans Orange Peach cup	11 PEPPERONI PIZZA OR FRUIT AND YOGURT PLATE Tossed Salad Corn on the Cob Watermelon Mandarin Oranges
14 BREAKFAST FOR LUNCH Eggs w/choice of Chicken, Sausage,Steak Pancakes or Gravy Biscuits Tater Tots Spiced Apples Oranges	15 BBQ DINNER OR GRILLED CHICKEN Veggie Beans Seasoned Wedges Slaw w/ Cornbread Grapes Jello w/ Fruit	16 SPAGHETTI OR CHICKEN RINGS Garden Salad Carrots Bread Stix Fresh NC Cantalope Pear Cup	17 GRILLED CHEESE OR SALISBURY STEAK Veggie-Beef Soup Mashed Potatoes Green Beans North Carolina Gala Apple Peach Cup	18 SEAFOOD BASKET OR STUFFED CRUST PIZZA Cole Slaw Fresh NC Cucumber Stix Tartar Sauce Hushpuppies Frozen Fruit Bar Cantaloupe
21 HAMBURGER OR CHICKEN PARMESAN w/PASTA Lettuce&Tomato Tossed Salad Tater Tots Bread Stick NC Golden Delisious Apples Peach cup	22 MAC N CHEESE W/ GRILLED FRANKS OR SLICED HAM Pinto beans Cabbage Stewed tomatoes onions, cornbread Blueberry cup Mixed Fruit	23 CRUNCHY OR SOFT TACO OR CHICKEN FAJITIA Lettuce, Tomato, Salsa, Sour Cream, Cheese, Beans and Rice Whole Kernel Corn Sliced Strawberries Mardarian Oranges	24 SLOPPY JO OR CHICKEN FILLET Lettuce Tomato Potato Smiles Carrot Stix w/dip Banana Applesauce	25 CHEESE PIZZA OR CHICKEN SALAD WRAP Lettuce&Tomato Broccoli Cheese Soup Peas Red grapes Peach cup
28 CHICKEN RINGS OR GRILLED CHEESE Tomato soup Seasoned wedges School roll Apple Fruit Cocktail	29 BAKED ZITI OR SHAVED DELI TURKEY&CHEESE HOAGIE Tossed Salad California Vegetables Bread Stick Banana Jello w/ Fruit	30 HOT DOG W/ CHILLI OR SWEET&SOUR CHICKEN W/ RICE AND BROCCOLI Veggie Beans Green Beans Pineapple Watermelon		
	L	bject to change without		<u> </u>

CHOICE OF MILK/FRESH FRUIT/JUICE/FRUIT CUP

"This is an equal opportunity provider."