

## **SEPTEMBER**

## **Elementary Lunch**



|  | Elementary Lunch   |   |   | ARANK  |
|--|--|---|---|--|
| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|  | <b>1</b><br>BAKED ZITI OR<br>SHAVED DELI<br>TURKEY&CHEESE<br>HOAGIE<br>Tossed Salad<br>Lettuce&Tomato<br>California Veggies<br>Bread stick<br>Banana<br>Jello w/ fruit | <b>2</b><br>HOT DOG W/CHILLI<br>OR SWEET&SOUR<br>CHICKEN W/ RICE<br>AND BROCCOLI<br>Fresh NC Cucumber Stix<br>Green Beans<br>Pineapple Tidbits<br>Fresh NC Watermelon                           | <b>3</b><br>BREAKFAST FOR<br>LUNCH<br>Eggs w/choice of<br>Chicken, Sausage, Steak<br>Pancakes or Gravy<br>Biscuits<br>Tater Tots<br>Spiced Apples<br>Fresh NC Cantalope | <b>4</b><br>FISH FILET<br>W/CHEESE ON BUN<br>OR STUFFED CRUST<br>PIZZA<br>Oven Roasted Potatoes<br>Corn<br>Peach Cup<br>Grapes                                   |
| 7<br>LABOR DAY   | 8<br>CHEESE<br>QUESADILLA OR<br>CHICKEN NUGGETS<br>Tomato Soup<br>Pinto Beans<br>School Roll<br>Frozen Fruit Bar<br>Apple  | <b>9</b><br>CORN DOG OR<br>TURKEY POT PIE<br>Mixed Veggies<br>Curly Fries<br>Biscuit<br>Applesauce<br>Banana  | 10<br>CHICKEN FILET OR<br>PORK ROAST W/<br>GRAVY<br>Lettuce&Tomato<br>Mashed Potatoes<br>Green Beans<br>Orange<br>Peach cup   | <b>11</b><br>PEPPERONI PIZZA<br>OR<br>FRUIT AND<br>YOGURT PLATE<br>Tossed Salad<br>Corn on the Cob<br>Watermelon<br>Mandarin Oranges                             |
| 14<br>BREAKFAST FOR<br>LUNCH<br>Eggs w/choice of<br>Chicken, Sausage,Steak<br>Pancakes or Gravy<br>Biscuits<br>Tater Tots<br>Spiced Apples<br>Oranges          | <b>15</b><br>BBQ DINNER OR<br>GRILLED CHICKEN<br>Veggie Beans<br>Seasoned Wedges<br>Slaw w/ Cornbread<br>Grapes<br>Jello w/ Fruit                                      | <b>16</b><br>SPAGHETTI OR<br>CHICKEN RINGS<br>Garden Salad<br>Carrots<br>Bread Stix<br>Fresh NC Cantalope<br>Pear Cup   | <b>17</b><br>GRILLED CHEESE OR<br>SALISBURY STEAK<br>Veggie-Beef Soup<br>Mashed Potatoes<br>Green Beans<br>North Carolina Gala Apple<br>Peach Cup                       | <b>18</b><br>SEAFOOD BASKET<br>OR STUFFED CRUST<br>PIZZA<br>Cole Slaw<br>Fresh NC Cucumber Stix<br>Tartar Sauce<br>Hushpuppies<br>Frozen Fruit Bar<br>Cantaloupe |
| 21<br>HAMBURGER OR<br>CHICKEN<br>PARMESAN<br>w/PASTA<br>Lettuce&Tomato<br>Tossed Salad<br>Tater Tots<br>Bread Stick<br>NC Golden Delisious Apples<br>Peach cup | 22<br>MAC N CHEESE W/<br>GRILLED FRANKS<br>OR SLICED HAM<br>Pinto beans<br>Cabbage<br>Stewed tomatoes<br>onions, cornbread<br>Blueberry cup<br>Mixed Fruit             | <b>23</b><br>CRUNCHY OR SOFT<br>TACO OR CHICKEN<br>FAJITIA<br>Lettuce, Tomato, Salsa,<br>Sour Cream, Cheese,<br>Beans and Rice<br>Whole Kernel Corn<br>Sliced Strawberries<br>Mardarian Oranges | 24<br>SLOPPY JO OR<br>CHICKEN FILLET<br>Lettuce<br>Tomato<br>Potato Smiles<br>Carrot Stix w/dip<br>Banana<br>Applesauce   | 25<br>CHEESE PIZZA OR<br>CHICKEN SALAD<br>WRAP<br>Lettuce&Tomato<br>Broccoli Cheese Soup<br>Peas<br>Red grapes<br>Peach cup                                      |
| 28<br>CHICKEN RINGS OR<br>GRILLED CHEESE<br>Tomato soup<br>Seasoned wedges<br>School roll<br>Apple<br>Fruit Cocktail   | <b>29</b><br>BAKED ZITI OR<br>SHAVED DELI<br>TURKEY&CHEESE<br>HOAGIE<br>Tossed Salad<br>California Vegetables<br>Bread Stick<br>Banana<br>Jello w/ Fruit               | <b>30</b><br>HOT DOG W/ CHILLI<br>OR SWEET&SOUR<br>CHICKEN W/ RICE<br>AND BROCCOLI<br>Veggie Beans<br>Green Beans<br>Pineapple<br>Watermelon  |   |  |
|  | L  | bject to change without   |   | <u> </u>   |

## CHOICE OF MILK/FRESH FRUIT/JUICE/FRUIT CUP

"This is an equal opportunity provider."