

September is here!

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	Be on the lookout for fresh local tomatoes, cucumbers, and bell peppers from the Seasonal Produce Farm in Bethel !	CHOICE OF 1% CHOC, CHOC SKIM 1% UNFLAVORED OR SKIM, FF STRAWBERRY AND VANILLA MILK/FRESH FRUIT/JUICE	1 MAC AND CHEESE W/GRILLED FRANKS OR BAKED HAM Pinto beans Steamed Cabbage Stewed Tomatoes Onions and Cornbread Peaches	2 CHEESE PIZZA OR RAINBOW TROUT TREASURES Garden Salad Baked Potato Cole Slaw Peach Slush
5 	6 BREAKFAST FOR LUNCH Chicken or Sausage w/ eggs Pancakes w/syrup or Biscuits and Gravy Tater Tots Applesauce	7 BAKED HAM OR TURKEY ROAST w/gravy Sweet Potato Souffle Broccoli Casserole Honey Wheat Roll Pear Halves	8 BEEF TACOS OR CHICKEN SOFT TACOS Lettuce and Tomato Salsa, Sour Cream and Cheese Whole Kernel Corn Refried Beans Pineapple Tidbits	9 FISH SANDWICH OR PEPPERONI PIZZA Baked Potato Broccoli Spears w/cheese Mixed Fruit
12 ASIAN CHICKEN W/RICE AND BROCCOLI RIB-E-QUE Pickles Straight Cut Fries Pineapple Fortune Cookie	13 CHICKEN NUGGETS OR SALISBURY STEAK Mashed Potatoes and Gravy Seasoned Green Beans Yeast Roll Applesauce	14 BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR CLUB SUB Lettuce and Tomatoes Normandy Blend Diced Peaches	15 BBQ ON A BUN OR CORNDOG Cole Slaw Veggie Beans Corn Pears	16 CHEESE PIZZA OR CHICKEN FILLET Pickles Lettuce and Tomatoes Cream of Broccoli Soup Garden Salad Fresh Orange Wedges Cracker
19 CHICKEN POT PIE OR HAMBURGER Lettuce and Tomato Pickles Peas and Carrots Mashed Potatoes Hot Yeast Roll Mixed Fruit	20 MAC N CHEESE W/GRILLED FRANKS OR SLICED HAM Pinto Beans Steamed Cabbage Stewed Tomatoes Onions and Cornbread Peaches	21 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots	22 BEEF TACOS OR CHICKEN SOFT TACOS Lettuce and Tomato Salsa, Sour Cream and Cheese Whole Kernel Corn Refried Beans Pineapple Tidbits	23 STUFFED CRUST PIZZA OR RAINBOW TROUT TREASURES Sweet Potato Fries Garden Salad Hushpuppies Pear Halves
26 CHEF BOYARDEE RAVIOLI OR VEGGIE BEEF SOUP W/GRILLED CHEESE or PB&J Tossed Salad Breadstick Spiced Apples	27 MEATLOAF OR GRILLED CHICKEN BREAST Mashed Potatoes w/gravy Seasoned Green Beans Hot Yeast Roll Pineapple Tidbits	28 SPAGHETTI W/GARDEN SALAD OR CHICKEN ALFREDO Broccoli Spears Steamed Carrots Bread Stix Mixed Fruit Cocktail	29 HOT DOG W/CHILI OR CHICKEN RINGS Cole Slaw Green Peas Crinkle Fries Diced Peaches	30 FRUIT AND YOGURT PLATE OR CHEESE PIZZA Carrots and Cucumbers w/dip Normandy Blend Pear Halves

Subject to change.

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”

Rev. 8/24/11