September (Shere!

ELEMENTARY LUNCH

Image: Constraint of the second sec	Monday	Tuesday	Wednesday	Thursday	Friday	
6 HOLIDAY CHICKEN FAIITA OR CHALUPA Shredded Lettuce Diced Tomato Sales and Sour Cream Whole Kernel Com Peach Cup 8 BAKED ZITI (MC RADEN SALAD AND BREADSTICK OR MINI CORN DORS Broccoli Spears Sliced Strawberries 9 GRILLED CHEESE OR HAM AND CHEESE SANDWICH Diced Tomato Sales and Sour Cream Whole Kernel Com Peach Cup 10 PEPPERONI PIZZA OR FISH SANDWICH WIARTAR SAUCE 13 CHEF ROVARDEE RAVIOLI WGARDEN SALAD AND BREADSTICK OR HAMBURGER Lettuce and Tomato Straight Cur Fries Fresh NC Apple 14 BREAKFAST FOR LUNCH Salesaec Tater Tots 15 CHICKEN RINGS SALISBURY STEAK Mashed Potatoos Green Beans Mode Kernel Com Pancakes w/symp Applesauce 16 CHICKEN FAIITA Surged Lettuce Diced Tomato Salesaec Green Beans Mode Kernel Com Pancakes w/symp ADB BEADSTICK OR HAMBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll 16 CHICKEN FAIITA Surged Lettuce Diced Tomato Salesaec Green Beans Mashed Potatoes SPALISBURY STEAK Mashed Potatoes Fresh NC Apple 17 CHEESE PIZZA OR RIB-E-Q ON BUN Pickles Mashed Potatoes Salesaec Tater Tots 16 CHICKEN FAIITA Surged Lettuce Diced Tomato Salesaec Mode Kernel Com Pear Halves 17 CHESE PIZZA OR RIB-E-Q ON BUN Pickles Work Kernel Com Pickles Second Chese Work Kernel Com Pancakes w/symp Carot and Cucumber Six w/dip Scrabble Cheez Its NC Gala Apple 17 CHESE PIZZA OR CHICKEN FAIITA Surged Lettuce Diced Tomato Surged Chefter Starwich Chese Salesa Steamed Cababas Steamed Cababas Steamed Carots Peach Slices 17 CHESE PIZZA OR PISH FILLET WIARTAR SAUCE Baked Potato Stis w/dip Scrabble Cheez Its NC Gala Apple 24 DEPEPERONI PIZZA MAC N CHESES WCGNI LLED FARNKS OR DICLE OFISCHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JULCE 24 PEPPERONI PIZZA MAC N CHESES WCG NINT COR NOTATO SCRADEN SALAD AND BREADSTICK OR MIN CO			HOT DOG W/CHILI Cole Slaw Corn on the Cob Tater Tots	SPAGHETTI W/BREADSTICK AND GARDEN SALAD OR CHICKEN FILLET SANDWICH Lettuce and Tomato Steamed Carrots	CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears NC Melon Slices	
HOLDDAY OR CHALLPA OR CHALLPA Shredded Lettue Diced Tomato Salsa and Sour Cream Whole Kernel Com Peach Cup BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Shreddel Lettue Diced Tomato Salsa and Sour Cream Whole Kernel Com Peach Cup GRILLED CHEESE OR HAM AND CHEESE SANDWICH Tomato Soup Scrabble Cheez Its BPEPERONI PIZZA OR FISH SANDWICH WITARTAR SAUCE 13 CHEF BOYARDEE RAVIOLI WGARDEN SALAD AND BREADSTICK OR HAMBURGER STraight Cut Fries Fresh NC Apple 14 BEAKFAST FOR LUNCH Sausage or Chicken Wieggs Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Suce Sause Whole Kernel Com Pancakes wisyrup Applesauce Green Peas Sause Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Sause Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Suce Chicken Wieggs Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Suce Chicken Wieggs Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Suce Chicken Wieggs Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Hot Yeast Roll 16 CHICKEN FILLET SUCHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE CHOICE OF I%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE Statume Carrots Biscuit and Gravy or Pancakes wisyrup Applesauce Green Peas Statume Carrots Peach Slices 24 Statume Carbon Suce Chicken Wieggs Stewed Tomatos Steamed Cabbage Steamed Cabbage St	CHOICE OF1%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE					
13 14 15 16 17 CHEF BOYARDEE BREAKFAST FOR LUNCH Sausage or Chicken Mashed Potatoes Sausage or Chicken Mashed Potatoes Sausage or Chicken Mashed Potatoes Sieve Totato Sieve To		CHICKEN FAJITA OR CHALUPA Shredded Lettuce Diced Tomato Salsa and Sour Cream Whole Kernel Corn	BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears	GRILLED CHEESE OR HAM AND CHEESE SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip	PEPPERONI PIZZA OR FISH SANDWICH W/TARTAR SAUCE Green Peas Corn on the Cob	
CHEF BOY ARDEE R AVIOLI W/GARDEN SALAD AND BREADSTICK OR HAMBURGER Lettuce and Tomato Straight Cut FriesBREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater TotsCHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans HO Yeast Roll NC Ginger Gold AppleTACO's OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Com Pear HalvesCHEESE PIZZA OR RIB-E-Q ON BUN Pickles Broccoli Spears w/cheese sauce20 CHICKEN NUGGETS OR CHESEBBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll21 S SPAGHETTI GRILED CHEESE OR FILLET Lettuce and Tomato OR CHICKEN FILLET Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll22 S PAGHETTI SGRADESTICK OR CHICKEN FILLET Lettuce and Pickles Steamed Carrots Peach Slices24 S P Scrabble Cheez Its NC Gala Apple24 PEPPERONI PIZZA OR Stix w/dip Scrabble Cheez Its NC Gala Apple23 Steamed Carbage Stewed Tomatoes Onions and Combread24 PEPPERONI PIZZA OR FISH FILLET WTARTAR SAUCE27 TURKEY POT PIE WTTH CARROTS AND PEAS OR HAMBURGER Lettuce and Tomato Susage or Chicken Weggs Biscuit and Gravy or Pickles Mashed Potatoes NC Jonagold Apple29 BREAKFAST FOR LUNCH Sausage or Chicken Weggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots29 CHOICE OFI%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICEDid YOU Know: In 1730, the first apple nursery opened in Flushing, New York?27 TURKEY POT PIE WITH CARROTS AND BREADSTICK OR D	CHOICE OF1%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE					
2021222324CHICKEN NUGGETS OR CHESEBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast RollSPAGHETTI W/GARDEN SALAD AND BREADSTICK OR CHICKEN FILLET Lettuce and Pickles Steamed Carrots Peach SlicesGRILLED CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its NC Gala AppleMAC N CHEESE W/GRILLED FRANKS OR SLICED HAM Pinto Beans Steamed Cabbage Steamed Cabbage Steamed Carrots Peach SlicesPEPPERONI PIZZA OR FISH FILLET Lettuce and Pickles Steamed Carrots Peach SlicesPerperconi Pickles OR Scrabble Cheez Its NC Gala Apple2427 TURKEY POT PIE WITH CARROTS AND PEAS OR HAMBURGER Lettuce and Tomato Pickles NC Jonagold Apple282930BREAKFAST FOR LUNCH Sausage or Chicken Weggs Biscuit and Gravy or Pickles NC Jonagold AppleBREAKFAST FOR LUNCH Sausage or Chicken w/ggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots2930Did YOU Know: In 1730, the first apple nursery opened in Firsh NC Red Or Golden Delicious AppleMashed Potatoes NC Jonagold ApplePancakes w/syrup Applesauce Tater TotsPickles Rice Krispie Treat30CHOICE OF1%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICECHOICE OF1%CHOC, 1%UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE	CHEF BOYARDEE RAVIOLI W/GARDEN SALAD AND BREADSTICK OR HAMBURGER Lettuce and Tomato Straight Cut Fries	BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce	CHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans Hot Yeast Roll	TACO's OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn	CHEESE PIZZA OR RIB-E-Q ON BUN Pickles Broccoli Spears w/cheese sauce Sweet Potato Waffle	
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