

September is here!

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ SANDWICH OR HOT DOG W/CHILI Cole Slaw Corn on the Cob Tater Tots NC Cantaloupe	2 SPAGHETTI W/BREADSTICK AND GARDEN SALAD OR CHICKEN FILLET SANDWICH Lettuce and Tomato Steamed Carrots NC Watermelon	3 CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears NC Melon Slices CHEESE PIZZA DAY
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
6 HOLIDAY 	7 CHICKEN FAJITA OR CHALUPA Shredded Lettuce Diced Tomato Salsa and Sour Cream Whole Kernel Corn Peach Cup	8 BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Sliced Strawberries	9 GRILLED CHEESE OR HAM AND CHEESE SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its	10 PEPPERONI PIZZA OR FISH SANDWICH W/TARTAR SAUCE Green Peas Corn on the Cob Apricot Cup
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
13 CHEF BOYARDEE RAVIOLI W/GARDEN SALAD AND BREADSTICK OR HAMBURGER Lettuce and Tomato Straight Cut Fries Fresh NC Apple	14 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots	15 CHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans Hot Yeast Roll NC Ginger Gold Apple	16 TACO's OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Pear Halves	17 CHEESE PIZZA OR RIB-E-Q ON BUN Pickles Broccoli Spears w/cheese sauce Sweet Potato Waffle Cut Fries
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
20 CHICKEN NUGGETS OR CHEESEBURGER Lettuce and Tomato Green Beans Mashed Potatoes Hot Yeast Roll	21 SPAGHETTI W/GARDEN SALAD AND BREADSTICK OR CHICKEN FILLET Lettuce and Pickles Steamed Carrots Peach Slices	22 GRILLED CHEESE OR PBJ SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its NC Gala Apple	23 MAC N CHEESE W/GRILLED FRANKS OR SLICED HAM Pinto Beans Steamed Cabbage Stewed Tomatoes Onions and Cornbread	24 PEPPERONI PIZZA OR FISH FILLET W/TARTAR SAUCE Baked Potato Green Peas Apricot Cup
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
27 TURKEY POT PIE WITH CARROTS AND PEAS OR HAMBURGER Lettuce and Tomato Pickles Mashed Potatoes NC Jonagold Apple	28 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots	29 BBQ DINNER OR FISH TREASURES Cole Slaw Corn on the Cob Hushpuppies Rice Krispie Treat	30 BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Fresh NC Red Or Golden Delicious Apple	Did YOU Know: In 1730, the first apple nursery opened in Flushing, New York?
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				

Subject to change.

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