



September here!

MEADOWBROOK LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Did YOU Know: In 1730, the first apple nursery opened in Flushing, New York?</p>	<p>1 BBQ SANDWICH OR HOT DOG W/CHILI Cole Slaw Corn on the Cob Tater Tots NC Cantaloupe</p>	<p>2 SPAGHETTI W/BREADSTICK AND GARDEN SALAD OR CHICKEN FILLET SANDWICH Lettuce and Tomato Steamed Carrots NC Watermelon</p>	<p>3 CHEESE PIZZA OR FRUIT AND YOGURT PLATE W/BUG BITE GRAHAM CRACKERS Broccoli Spears NC Melon Slices CHEESE PIZZA DAY</p>
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<p>6 HOLIDAY </p>	<p>7 CHICKEN FAJITA OR CHALUPA Shredded Lettuce Diced Tomato Salsa and Sour Cream Whole Kernel Corn Peach Cup</p>	<p>8 BAKED ZITI W/GARDEN SALAD AND BREADSTICK OR MINI CORN DOGS Broccoli Spears Sliced Strawberries</p>	<p>9 GRILLED CHEESE OR HAM AND CHEESE SANDWICH Tomato Soup Carrot and Cucumber Stix w/dip Scrabble Cheez Its</p>	<p>10 PEPPERONI PIZZA OR FISH SANDWICH W/TARTAR SAUCE Green Peas Corn on the Cob Apricot Cup</p>
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
<p>13 WORKDAY</p>	<p>14 BREAKFAST FOR LUNCH Sausage or Chicken w/eggs Biscuit and Gravy or Pancakes w/syrup Applesauce Tater Tots</p>	<p>15 CHICKEN RINGS SALISBURY STEAK Mashed Potatoes Green Beans Hot Yeast Roll NC Ginger Gold Apple</p>	<p>16 TACO's OR CHICKEN FAJITA Shredded Lettuce Diced Tomato Salsa, Sour Cream, Cheese Whole Kernel Corn Pear Halves</p>	<p>17 CHEESE PIZZA OR RIB-E-Q ON BUN Pickles Broccoli Spears w/cheese sauce Sweet Potato Waffle Cut Fries</p>
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE				
BREAK				
BREAK				

Subject to change.

“ THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”