



SEPTEMBER

MIDDLE & HIGH LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST FOR LUNCH Sausage, Eggs, Chicken & Steak Biscuit & Gravy Tater Tots Applesauce	2 TURKEY ROAST with GRAVY Mashed Potatoes Green Beans Hot Yeast Roll	3 BARBECUE ON BUN Cole Slaw Vegetarian Beans	4 CHICKEN TENDERS Whole Kernel Corn Curly Fries Break stick
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP				
7 LABOR DAY	8 HOT HAM & CHEESE SUB Shredded Lettuce & Tomato Slices Broccoli Spears Tater Tots	9 TACO, TACO SALAD Tortilla Chips/Shells Lettuce, Tomato, Salsa, Sour Cream & Cheese Whole Kernel Corn Seasoned Potatoes Wedges	10 MAC-N-CHEESE W/LITTLE SMOKIES Steamed Cabbage Pinto Beans Cornbread	11 CHICKEN FILET Lettuce, Tomato & Pickles California Vegetables Shoestring Potatoes
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP				
14 PORK CHOPPETTE ON BUN Shredded Lettuce & Tomato Slices Breaded Squash Green Beans	15 CHICKEN FAJITA W/ SOFT TORTILLA Lettuce, Tomato, Salsa, Sour Cream & Cheese Whole Kernel Corn Seasoned Potatoes Wedges	16 PORK ROAST W/ GRAVY Sweet Potatoes Broccoli Casserole Southern Style Biscuit	17 BREAKFAST FOR LUNCH Sausage, Eggs, Chicken & Steak Biscuit & Gravy Tater Tots Applesauce	18 SPICY CHICKEN BITES Broccoli Spears Crinkle Cut Potatoes Hot Yeast Roll
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP				
21 GRILLED CHICKEN ON MULTI-GRAIN BUN Lettuce, Tomatoes & Pickles California Vegetables Pineapple Tidbits	22 MEATLOAF Mashed Potatoes Green Beans Hot Yeast Roll	23 SPAGHETTI W/ MEAT SAUCE Garden Salad Green Peas Garlic Breadstick	24 DELI TURKEY SUB WITH CHEESE Shredded Lettuce & Tomato Slices Corn-On-Cob Seasoned Potato Wedges	25 STUFFED CRUST PIZZA California Vegetables Crinkle Cut Potatoes
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP				
28 CORN DOG Vegetarian Beans Curly Fries	29 CHICKEN POT PIE WITH MIXED VEGETABLES Breaded Okra Applesauce Southern Style Biscuit	30 TACO, TACO SALAD Tortilla Chips/Shells Lettuce, Tomato, Salsa, Sour Cream & Cheese Whole Kernel Corn Seasoned Potatoes Wedges		
CHOICE OF 1% CHOC, 1% UNFLAVORED OR SKIM MILK/FRESH FRUIT/JUICE/FRUIT CUP				

Subject to change.

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

